

TABLE OF CONTENTS

Mission.....	4
Expectations, Guidelines and Policies for Student-Athletes.....	6
Standards of Conduct.....	8
Pledge of Conduct.....	17
Academic Support Services.....	19
Academic Support Staff Contact Info.....	21
Academic Recognitions & Student-Athlete Welfare	22
Student-Athlete Affairs.....	23
SAAC.....	26
Intercollegiate Programs and Awards	27
Athletic Participation Info	28
Eligibility Standards.....	29
Team Policy & Procedures.....	32
Appeal & Grievance Procedures	33
CAA /EIVA Intra-Conference Transfer Rules.....	34
Athletic Scholarships.....	36
Center for Sports Performance Policies & Procedures.....	40
Athletic Training Room Policies & Procedures	48
Drug and Alcohol Education and Testing Program.....	49
Involvement with Professional Sports.....	50
Athletic Services Policies & Procedures	53
Facilities	54
Athletic Communications	56
Ticket Policy.....	74
ICA Staff/Campus Telephone Directory.....	76
General Campus Information.....	80
SAAC Sportsmanship Pledge... ..	81

FALL SEMESTER 2012

First Day of classes.....	Mon., Aug. 27
Labor Day (University closed).....	Mon., Sept. 3
Last Day to add (Census).....	Tues., Sept. 4
Last Day to Drop.....	Fri., Sept. 28
Saturday Classes in session.....	Sat., Oct. 6
Columbus Day Recess.....	Mon., Oct. 8
Mon. classes meet instead of Tues. classes <i>this day only</i>	Tues., Oct. 9
Mid-term evaluation period for full-semester 100-200 level classes.....	Mon., Sept. 24-Fri., Oct. 19
Selective Withdrawal Period (undergraduate).....	Mon., Oct. 1-Fri., Oct. 26
Thanksgiving (No classes Wed; Recess Thurs-Sun).....	Wed., Nov. 21- Sun. Nov. 25
Dissertation/Thesis Deadline.....	Fri., Dec. 7
Last Day of Class.....	Sat., Dec. 8
Reading Day.....	Mon., Dec. 10-Tues.,- Dec. 11, 4:30pm
Examination Period.....	Tues., Dec 11, 4:30pm- Dec. 19, 10:15pm
Winter Degree Date (2nd Sat. before classes).....	Thurs., Dec. 20

SPRING SEMESTER 2013

<i>January 1 Day of Week</i>	<i>Tuesday</i>
MLK Day (no classes).....	Mon., Jan. 21
First Day of Spring Classes.....	Tues., Jan. 22
Last Day to Add (Census).....	Tues., Jan. 29
Last Day to Drop.....	Fri., Feb. 22
Saturday Classes in session.....	Sat., Mar. 9
Spring Recess.....	Mon., Mar. 11-Sun., Mar. 17
Mid-term evaluation period for full-semester 100-200 level classes.....	Mon., Feb. 18-Fri., Mar. 22
Selective Withdrawal.....	Mon., Feb. 25-Fri., Mar. 29
Dissertation/Thesis Deadline.....	Fri., May 3
Last Day of Class.....	Mon., May 6
Reading Day(s).....	Tues., May 7
Examination Period.....	Wed., May 8, 7:30am- Wed., May 15, 10:15pm
Commencement.....	Sat., May 18
Summer Term Dates.....	Mon., May 20

2012-2013
Student-Athlete Handbook
and Weekly Planner



www.gomason.com

**The most updated version of the Student-Athlete Handbook
is available at gomason.com*

MISSION OF THE DEPARTMENT OF INTERCOLLEGIATE ATHLETICS

George Mason University's Department of Intercollegiate Athletics mission statement is made up of the Athletic Philosophy, Athletic Objectives and Commitment to Equity.

Athletic Philosophy

George Mason University provides the student-athlete the opportunity and encouragement to progress towards a degree of his or her choice together with the opportunity to develop athletic abilities in an environment consistent with high standards of academic scholarship, sportsmanship, leadership and institutional loyalty. The student-athlete at George Mason University is a bona fide student pursuing a degree program.

It is recognized that the George Mason University intercollegiate program:

- is an important part of a well-rounded university dedicated to the service of a broad range of students, faculty and public interest;
- is important in generating community support for the institution at the state and local levels;
- fosters pride in the University among faculty, students and citizens of Virginia;
- can and should develop character, maturity and a sense of fair play in its student-athletes; and
- is committed to fair and equitable treatment of both men and women, is committed to providing equitable opportunities for our diverse student-athletes, coaches and staff and is committed to the fair treatment of student-athletes, particularly in their academic role as students.

Athletic Objectives

The objectives of the George Mason University intercollegiate athletics program are:

- to have the University represented by men and women whose conduct reflects credit upon the institution and who are bona fide students making normal progress in degree programs with appropriate academic counseling, advisement and support;
- to field disciplined and competitive amateur student-athletes and teams recruited, coached and supported by highly qualified individuals who are dedicated to the spirit and intent of all George Mason University, Colonial Athletic Association (CAA) and National Collegiate Athletic Association (NCAA) rules; and
- to strive for improvements in the system of intercollegiate athletics by cooperating with individuals and institutions to reduce pressures toward improprieties.

Commitment to Equity

George Mason University is committed to providing equitable opportunities for male and female student-athletes. This commitment is measured by fulfilling the requirements of Title IX as well as by creating and ensuring an atmosphere, which promotes a positive academic and athletic environment. George Mason University continues to strive to provide the best academic and athletic experience possible for our student-athletes.

Definition of a Student-Athlete

For the purposes of this document, the term “student-athlete” will refer to all participants in the following groups in the Department of Intercollegiate Athletics at George Mason University:

Baseball	Men’s Swimming & Diving
Men’s Basketball	Women’s Swimming & Diving
Women’s Basketball	Men’s Tennis
Cheerleaders**	Women’s Tennis
Golf	Men’s Track and Field and Cross Country
Women’s Lacrosse	Women’s Track and Field and Cross country
Masonettes**	Men’s Volleyball
Women’s Rowing	Women’s Volleyball
Men’s Soccer	Wrestling
Women’s Soccer	
Softball	

Also included are all student-athletes who have exhausted athletic eligibility and who continue to receive support through the Department of Intercollegiate Athletics at George Mason University.

Please Note:

**Although Cheerleaders and Masonettes are considered student-athletes at George Mason, they are not governed by NCAA Rules (e.g., areas such as scholarship renewals and continuing eligibility).

EXPECTATIONS, GUIDELINES AND POLICIES FOR STUDENT-ATHLETES

George Mason University student-athletes, like all University students, comply with state laws, federal laws and University policies. In addition, student-athletes comply with the policies of the Department of Intercollegiate Athletics, the Colonial Athletic Association (CAA) and the National Collegiate Athletic Association (NCAA).

Ethical Conduct and Sportsmanship

George Mason University expects each student to demonstrate the highest moral and ethical standards. This expectation is particularly important for the student-athlete who has a visible role in representing the University. Each student-athlete's behavior must be exemplary on and off the playing field. Such behavior promotes respect for student-athletes and the Department of Intercollegiate Athletics within the University community. It also conveys an image to the public that George Mason University is comprised of able competitors who demonstrate moral courage. Ethical conduct is consistent with the values of sportsmanship, respect, fairness, civility, honesty and responsibility.

Academics

A student-athlete at George Mason University is a regularly admitted, full-time, degree-seeking student. The responsibility for learning and completing an undergraduate degree lies with each student-athlete. Each student-athlete is responsible for knowing and abiding by the George Mason University Honor Code.

Alcohol and Other Substances

The abuse and underage use of alcohol is not compatible with the goals of the University and its Department of Intercollegiate Athletics. In addition, the use of illegal substances, medically inadvisable substances or substances banned by the NCAA is prohibited. Making any of these substances available to others, including recruits, is also prohibited.

Internet Usage and Social Networking Sites

George Mason University student-athletes are responsible for any information or photographs they make available through the use of the internet. Although George Mason University's Athletic Department does not ban the use of the internet, including social networking sites, student-athletes making postings that reflect negatively on themselves or others and/or violate the privacy or the rights of others may be suspended or dismissed from participating in athletics.

Hazing

George Mason University student-athletes will neither create nor participate in any activity that promotes an atmosphere of humiliation, degradation, abuse or danger to others. The consequences of engaging in such behavior will be severe regardless of the perceived benefit of the activity, amount or type of damage incurred and/or willingness of the participants to be involved.

Virginia State Hazing Law

18.2-56 Hazing unlawful; civil and criminal liability; duty of school, etc., officials

It shall be unlawful to haze, or otherwise mistreat so as to cause bodily injury, any student at any school, college, or university.

Any person found guilty thereof shall be guilty of a class one misdemeanor, unless the injury would be such as to constitute a felony, and in that event the punishment shall be inflicted as is otherwise provided by law for the punishment of such felony.

Any person receiving bodily injury by hazing or mistreatment shall have a right to sue, civilly, the person or persons guilty thereof, whether adults or infants.

The president, or other presiding official of any school, college or university, receiving appropriations from the state treasury shall upon satisfactory proof of the guilt of any student found guilty of hazing or mistreating

another student so as to cause bodily injury, expel such student so found guilty, and shall make report thereof to the attorney for the Commonwealth of the county or city in which such school, college or university is, who shall present the same to the grand jury of such city or county convened next after such report is made to him.

Athletic Responsibilities

Each student-athlete will demonstrate an attitude of respect, commitment and enthusiasm for personal athletic development. As a member of an athletic team, each student-athlete is additionally responsible for contributing to and maintaining an atmosphere that encourages the athletic development and success of others.

Each student-athlete is responsible for:

1. maintaining a standard of personal health appropriate to the student-athlete's training and competition needs;
2. adhering to training programs and principles appropriate to the student-athlete's training and competition needs;
3. personal safety and risk management both on and off the field; and
4. complying with medical advice in the event of illness or injury.

STANDARDS OF CONDUCT FOR STUDENT-ATHLETES

Purpose and Description of this Document

This document is intended to serve as both an educational tool and a guide toward achieving and maintaining standards of behavior for student-athletes at George Mason University. It includes an explanation for student-athletes of the standards of conduct expected of them while representing George Mason University and benefiting from resources provided by the Department of Intercollegiate Athletics. That explanation is presented in the "Standards of Conduct for Student-Athletes: Statement for Student-Athletes".

Also included in this document is the "Student-Athlete Pledge of Conduct" that each student-athlete at George Mason University must sign to indicate an understanding of the conduct expected of him/her as a student-athlete, examples of misconduct and a willingness to comply with sanctions that might be imposed in the event of misconduct.

"Classifications of Student-Athlete Misconduct" provides examples of unacceptable behavior and is categorized by the level of the offense. Each level increases numerically with the severity of the consequences of the behavior and generally reflects an increase in the degree of harm to others. That harm may be threatened, intended, possible, perceived or actual. The three levels of behavioral misconduct include "Level I: Minor Misconduct," "Level II: Serious Misconduct," and "Level III: Severe Misconduct." Within each level, misconduct is further divided into the following six categories of behavior:

- alcohol/substances
- sexual harassment/sexual assault
- academic
- discrimination/malevolence/hazing
- Internet Usage and Social Networking Sites
- general
- team/sportsmanship

Limits of This Document

In no way is this document or actions which might be taken in following the recommendations contained in it, intended to interfere with or supplant a legitimate and official investigation or action which may be taken by an agency or department outside the Department of Intercollegiate Athletics. When appropriate, the Department of Intercollegiate Athletics at George Mason University and its representatives will cooperate with an official investigation and the imposition of sanctions imposed by the university's judicial system or an outside agency or department.

Student-Athlete Misconduct

Any staff member in the department of Intercollegiate Athletics at George Mason University who becomes aware of a known or suspected incident of student-athlete misconduct must report that information either to the student-athlete's head coach or the appropriate Athletic Administrator as soon as possible. Head coaches must take appropriate action in the event of student-athlete misconduct. It must first be determined if the offense or the investigation of a possible offense should be handled by a head coach, the head coach and an appropriate Athletic Administrator or an appropriate Athletic Administrator. The appropriate action may change as additional information becomes available.

1. Classification of Misconduct

Once sufficient information is gathered and an incident has been determined by the head coach and/or the appropriate Athletic Administrator as misconduct it must be classified as minor, serious or severe that is determined by referring to the "Classification of Student-Athlete Misconduct". Incidents of misconduct are accumulative over the entire time a student at George Mason University is either in the role of a student-athlete or receiving benefits provided by the Department of Intercollegiate Athletics.

2. Responses to Misconduct

In cases where a student-athlete will be returning to participation either with the same or a different George Mason University intercollegiate team **personal assessment and education are mandatory**. In setting **sanctions**, the "Guidelines for Sanctions Regarding Student-Athlete Misconduct" should be consulted. These guidelines are intended to provide direction for appropriate responses to each case while providing flexibility. Modifications to the guidelines are acceptable only if they receive prior approval by the appropriate Athletic Administrator.

A. Sanctions

- The demands of the sanctions may **increase or decrease** based on the following information:
- degree of harm to others (threatened, intended, possible, actual, perceived)
- prior history
- overall picture
- recommendation of the coach
- recommendation of a qualified expert (i.e., licensed professional, topic expert)
- mitigating circumstances (illness, injury, impairment)
- education/training/development
- multiple offenses in the same incident
- exposure to, or knowledge of, like circumstances
- official sanctions imposed by agencies outside the Department of Intercollegiate Athletics (i.e., university judicial system, criminal or civil court)
- self-reporting of the incident

B. Personal Assessment

The personal assessment of a student-athlete should include both an assessment and recommendations. The head coach when appropriate may conduct the assessment; otherwise it will include a consultation with a qualified expert(s).

When a head coach conducts an assessment, it should include:

1. A general overview of the student-athlete's adjustment to George Mason University and his/her athletic team;
2. The future likelihood of the student-athlete being able to act appropriately and successfully manage the normal expectations of being both a student and an athlete at George Mason University;
3. The degree to which the student-athlete's behavior may negatively impact the welfare and functioning of others at the university or in the Department of Intercollegiate Athletics;
4. Factors that are compromising or might compromise the student-athlete's ability to successfully manage the normal expectations of being both a student and an athlete at George Mason University;
5. Recommendations for interventions or other actions that will help meet the student-athlete's needs and the needs of others at George Mason University who are affected by the student-athlete's behavior.

C. Education/Training/Development

The head coach must provide education for a student-athlete on his/her team who is guilty of misconduct. When appropriate, other qualified persons or programs should be a part of this process. The intervention provided by the head coach must minimally involve participation in a specifically designed education, training and/or development experience that includes feedback from the student-athlete that he/she understands:

1. why his/her behavior is considered misconduct, and
2. what will happen if the student-athlete engages in further incidents of misconduct.

Although it is possible to address the above-mentioned items in a terse and non-engaging manner, it is expected that head coaches will use the influence of their roles and their relationships with their student-athletes to engage in much more comprehensive and ongoing discussions with their student-athletes. Head coaches play a vital role in helping their student-athletes understand how underlying values are communicated by behaviors. Student-athletes need the head coach's encouragement and modeling in learning to exemplify through personal behavior the ideals of human conduct, relationships and achievement determined to be acceptable by the standards of conduct within the Department of Intercollegiate Athletics at George Mason University.

Additional Team Expectations

A head coach may have additional expectations of conduct for the student-athletes on his/her team. For the coach to have support from the Department of Intercollegiate Athletics he/she must follow a pattern similar to this document which provides a written statement of the behavioral expectations for team members, examples of misconduct and responses to misconduct including guidelines for sanctions. The appropriate Athletic Administrator must approve those written materials.

Procedures for Reporting Student-Athlete Misconduct

Head coaches, or their representatives in their absence, must report the following situations to the appropriate Athletic Administrator as soon as possible:

- a second incident of "Level I: Minor Misconduct"
- any incident of "Level II: Serious Misconduct" or "Level III: Severe Misconduct"
- parent, media or university inquiries concerning an incident of misconduct or responses to the incident

- a student-athlete contesting the validity of an alleged incident of misconduct or the appropriateness of responses to the incident.

Head Coaches must keep a written record of all incidents of misconduct, responses to the incident including sanctions imposed and the student-athlete's compliance or noncompliance with the sanctions.

Summary Suspension

A student-athlete's Head Coach, the coach's representative in the coach's absence, the Athletic Director or his/her designee may temporarily suspend a student-athlete from representing George Mason University in competition or competition and practice while an alleged incident of student-athlete misconduct is under investigation. This is a non-punitive suspension and should be imposed only if the allegation merits this action and until official sanctions are imposed or the matter is dismissed.

Informing Student-Athlete of Sanctions

The Head Coach or the coach's representative in his/her absence or the Deputy Senior Associate Athletic Director for Intercollegiate Sports (Kevin McNamee) or his representative will inform the student-athlete of any sanctions regarding misconduct or pending suspension related to misconduct.

Appeal Process

In the event a student-athlete receives a sanction resulting from a violation of the Standards of Conduct for Student-Athletes that he/she considers inappropriate, the student-athlete has the right to an appeal.

Procedure

To be considered for an appeal regarding a sanction resulting from a violation of the Standards of Conduct for Student-Athletes, the student-athlete must notify the Assistant Vice President/Athletic Director in writing within ten calendar days of the notification of the sanction. The student-athlete must specify the basis for the appeal and provide supporting evidence at the time the appeal is submitted. The Assistant Vice President/Athletic Director will review the appeal and respond to the student-athlete. **The decision of the Assistant Vice President/Athletic Director is final.**

Basis for an Appeal

A sanction may be set aside or adjusted on appeal by the Assistant Vice President/Athletic Director if it is determined that:

1. New facts directly related to the case have been discovered or become available, or
2. The policies and procedures of the Standards of Conduct for Student-Athletes were not followed in the determination of the misconduct or the sanction.

Response to an Appeal

The Assistant Vice President/Athletic Director will review the appeal. If he/she determines there are adequate grounds to grant the appeal he/she will determine the appropriate sanction. The decision of the Assistant Vice President/Athletic Director is final, if any.

Reporting NCAA Violations

All George Mason student-athletes are required to report violations of NCAA regulations involving themselves, other student-athletes, coaches, administration and Representatives of Athletic Interest (Boosters). If you have questions as to whether or not a violation has occurred, please contact the George Mason University Intercollegiate Athletics Compliance Office at 703-993-3230.

CLASSIFICATIONS OF STUDENT-ATHLETE MISCONDUCT
LEVEL I: MINOR MISCONDUCT

Category of Behavior	Examples of Behavior
Alcohol/Substances:	Underage age possession or consumption of an alcoholic beverage
	Inappropriate language or verbal provocation while under the influence of alcohol
	Use of false identification to obtain an alcoholic beverage
Sexual Harassment/Sexual Assault:	Inappropriate language or gestures of a sexual nature not directed at an individual
	Supporting or encouraging the use of inappropriate language of a sexual nature
Academic:	Failure to respond appropriately to requests related to academic standing and progress
Discrimination/Malevolence and Hazing	Inappropriate or derogatory language not directed at an individual Support of inappropriate or derogatory language
Internet Usage and Social Networking Sites	Making Internet postings that reflect negatively on an individual or group.
	Intentionally excluding an individual from an activity or function due to culture, religion, race, age, gender or sexual preference
General:	Inappropriate language or gestures
	Being “written up,” reprimanded or sanctioned by a university official for an incident of minor misconduct
	Disrespect to authority
	Misrepresenting events concerning an incident of minor misconduct
	Failure to fulfill a Level I sanction by the Department of Intercollegiate Athletics
Team/Sportsmanship:	Failure to cooperate with the Department of Intercollegiate Athletics Support Services
	Repeated unexcused tardiness to team functions or required Department of Intercollegiate Athletics events
	Behavior not acceptable to the sport
	Fighting in practice or competition
	Intent or perceived intent to gamble in a manner banned by the NCAA
	Failure to comply with additional expectations of team conduct, if applicable

**CLASSIFICATIONS OF STUDENT-ATHLETE MISCONDUCT
LEVEL II: SERIOUS MISCONDUCT**

Category of Behavior	Examples of Behavior
Alcohol/Substances:	Possession or use of an illegal drug other than alcohol
	Any of the following behaviors related to the consumption of alcohol: <ul style="list-style-type: none"> • Threats or acts of violence and/or avoidable fighting • Disrespect of authority • Destruction of property • Illness, injury, loss of consciousness or loss of bodily functions
	Selling alcoholic beverages if under 21 years of age, making available to persons underage
	Driving while intoxicated
	Behavior related to the use of alcohol or other drugs which threatens the welfare or functioning of others, sale, use or distribution of tobacco in a manner banned by the NCAA
Sexual Harassment/Sexual Assault:	Inappropriate language or gestures of a sexual nature directed at an individual
	Threat or intent to harm an individual in a way which is perceived to be or is of a sexual nature
	Unwanted physical contact of a sexual nature
Academic:	Misrepresentation of student-athlete obligations affecting academic work or performance
Discrimination/Malevolence/ Hazing:	Use of language that is abusive or threatening to an individual or group and is based on culture, race, age, gender or sexual preference
	Supporting or encouraging others to use language that is abusive or threatening to an individual or group and is based on culture, religion, race, age, gender or sexual preference
Internet Usage and Social Networking Sites	Posting information on the Internet that violates the privacy and/or rights of others
General:	Illegal behavior, threat or intent to harm an individual
	Being found guilty of or sanctioned for serious misconduct by a university official
	Language or gestures that threaten another, destruction of property
	Behavior which has negative consequences for oneself, an intercollegiate team, the Department of Intercollegiate Athletics or George Mason University
	Misrepresenting events concerning an incident of serious misconduct
	Failure to fulfill a Level II sanction by the Department of Intercollegiate Athletics
Team/Sportsmanship:	Failure to treat Department of Intercollegiate Athletics staff in an appropriate manner
	Repeated unexcused absences from practice or required Department of Intercollegiate Athletics events
	Fighting in practice or competition with the intent to harm or which results in injury

**CLASSIFICATIONS OF STUDENT-ATHLETE MISCONDUCT
LEVEL III: SEVERE MISCONDUCT**

Category of Behavior	Examples of Behavior
Alcohol/Substances:	Possession, sale, use or distribution of an NCAA banned substance
	Sale or distribution of an illegal drug
Sexual Harassment/Sexual Assault:	Persistent or repeated unwanted physical contact of a sexual nature
	Rape, sodomy or other sexual assault
	Encouraging or supporting others to participate in sexual harassment or sexual assault
Academic:	Academic dishonesty
Discrimination/Malevolence/Hazing	Assault related to discrimination or malevolence
	Defacing property in a manner that is discriminatory or malevolent
	Encouraging others to participate in acts of discrimination or malevolence
	Threatening another's life when the threats are discriminatory
Internet Usage and Social Networking Sites	Criminal behavior through the use of the internet
General:	Assault
	Threatening another's life
	Participating in the premeditation to harm an individual or group
	Participating in unwarranted acts that severely endanger an individual or group
	Criminal behavior
	Misrepresenting events concerning an incident of severe misconduct
	Failure to fulfill a Level III sanction by the Department of Intercollegiate Athletics
Team/Sportsmanship:	Unexcused absence from competition
	General misconduct at Level III (see above) which occurs during a practice, competition or other Department of Intercollegiate Athletics event
	Behavior which seriously endangers the welfare or functioning of teammates, other student-athletes or members of the Department of Intercollegiate Athletics
	Behavior which has serious negative consequences for an intercollegiate team, the Department of Intercollegiate Athletics or George Mason University
	Gambling in a manner banned by the NCAA
	Failure to comply with additional expectations of team conduct, if applicable

**GUIDELINES FOR SANCTIONS REGARDING STUDENT-ATHLETE MISCONDUCT
LEVEL I: MINOR MISCONDUCT**

Frequency of Offense		
First	Responsible Party	Head Coach
	Recommended Sanctions	1. Suspension from competition and/or practice until sanction is partially or completely fulfilled or other conditions are met
		2. Community service or other appropriate reparation
		3. Other (in consultation with the appropriate athletic administrator)
Second	Responsible Party	Athletic Administrator with Head Coach
	Recommended Sanctions	1. All possible sanctions for a first, minor offense 2. Expert assessment and recommendations for appropriate sanctions (If the coach does not want to follow expert recommendations, the matter must be discussed with the appropriate Athletic Administrator.)
Third	Responsible Party	Athletic Administrator with Head Coach
	Recommended Sanctions	1. All possible sanctions for a first or second minor offense
		2. Dismissal from intercollegiate athletics for a specified time or permanently
		3. Temporary or permanent revocation of athletic scholarship
		4. Expert assessment and recommendations required for reinstatement for competition or practice and competition
Fourth	Responsible Party	Athletic Administrator with Head Coach
	Recommended Sanctions	A fourth minor offense should generally result in the following sanctions:
		1. Permanent dismissal from Department of Intercollegiate Athletics 2. Permanent loss of athletic scholarship

**GUIDELINES FOR SANCTIONS REGARDING STUDENT-ATHLETE MISCONDUCT
LEVEL II: SERIOUS MISCONDUCT**

This level of misconduct must be reported to the appropriate Athletic Administrator as soon as possible. The student-athlete **must** be temporarily suspended from competition until the sanctions are established or the appropriate Athletic Administrator approves participation. The Athletic Administrator in consultation with the Head Coach will determine sanctions.

Frequency of Offense	Possible Sanctions
First	Refer to second offense, Level I: Minor Misconduct
Second	Refer to third offense, Level I: Minor Misconduct
Third	Refer to fourth offense, Level I: Minor Misconduct

**GUIDELINES FOR SANCTIONS REGARDING STUDENT-ATHLETE MISCONDUCT
LEVEL III: SEVERE MISCONDUCT**

This level of misconduct must be reported to the appropriate Athletic Administrator as soon as possible. The student-athlete **must** be temporarily suspended from all team activities until the sanctions are established or the appropriate Athletic Administrator approves participation. The Athletic Administrator in consultation with the Head Coach will determine sanctions.

Frequency of Offense	Possible Sanctions
First	Refer to third offense, Level I: Minor Misconduct
Second	Refer to fourth offense, Level I: Minor Misconduct

STANDARDS OF CONDUCT FOR STUDENT-ATHLETES

Statement for Student-Athletes:

Student-athletes at George Mason University accept responsibility to consistently demonstrate their commitment to success as a student, an athlete, a member of an intercollegiate team and a member of the university community. They accept accountability for personal actions that affect the welfare and functioning of themselves and others.

Membership in or participation with a George Mason University athletic team is a privilege and not a right. An appropriate Athletic Administrator in the Department of Intercollegiate Athletics may revoke this privilege temporarily or permanently.

Responsible student-athlete conduct is in accordance with federal and state laws. It is also in compliance with the policies and standards of conduct for all students at George Mason University, as well as the student-athlete's team, the Department of Intercollegiate Athletics, the Colonial Athletic Association and the National Collegiate Athletic Association. Student-athletes are accountable for demonstrating proper behavior in the following areas of conduct:

- alcohol/substances
- sexual harassment/sexual assault
- academic
- discrimination/malevolence/hazing
- general
- team/sportsmanship

Student-athletes at George Mason University acknowledge the right of an official representative from the Department of Intercollegiate Athletics to investigate incidents of alleged student-athlete misconduct. Sanctions will be imposed on any student-athlete who engages in inappropriate activities or encourages others to do so.

These standards of conduct are in effect any time a student-athlete is in a role as a George Mason University student-athlete or when the behavior can have negative consequences for other student-athletes, an intercollegiate team, the Department of Intercollegiate Athletics or George Mason University.

STUDENT-ATHLETE PLEDGE OF CONDUCT

Name (print) _____

Team _____ Social Security Number _____

As a student-athlete at George Mason University or as a student receiving benefit from resources provided by the Department of Intercollegiate Athletics at George Mason University, I pledge to uphold the Department of Intercollegiate Athletics' "Standards of Conduct for Student-Athletes." I have read that document and had an opportunity for my questions and concerns to be addressed.

My pledge is in effect any time I am in a role as a George Mason University student-athlete, benefiting from the resources of the Department of Intercollegiate Athletics or when my behavior can have negative consequences for a student, student-athlete, and intercollegiate team, the Department of Intercollegiate Athletics or George Mason University.

I accept that a violation of this pledge will result in sanctions being imposed on me by my head coach or an appropriate administrator from the Department of Intercollegiate Athletics. Sanctions may include, but are not limited to, assessment, education, counseling, community service and suspension of athletically related privileges. If I am receiving an athletic scholarship from George Mason University it may be revoked.

I willingly accept my responsibility to consistently demonstrate my commitment to success as both a student and an athlete while at George Mason University. I accept that my behavior may affect my teammates, other student-athletes and other students at George Mason University. I accept that as I pursue activities that enhance my development and further my personal goals I have a responsibility to restrict those behaviors that might harm others or myself.

I willingly accept my responsibility to uphold the principles of good sportsmanship as demonstrated in my behavior toward "student-athletes, coaches, game officials, administrators and fans in athletics competition. These behaviors are based upon values, including respect, civility, fairness, honesty and responsibility."

I understand that actions taken by the Department of Intercollegiate Athletics at George Mason University are not intended to interfere with or supplant a legitimate and official investigation or action, which may be taken, by an outside agency or department. When appropriate, the Department of Intercollegiate Athletics and its representatives will cooperate with an official investigation or the imposition of sanctions imposed by the university judicial system or other outside agency or department. The Department of Intercollegiate Athletics may conduct an investigation of alleged student-athlete misconduct and may impose sanctions in addition to those imposed by an outside agency or department.

ACADEMIC SUPPORT SERVICES

Philosophy

The Department of Intercollegiate Athletics (ICA) provides academic services to support student-athletes as they pursue and complete undergraduate degrees at George Mason University. Student-athletes, like all students at the university, assume primary responsibility for their academic work, progress toward a degree and degree completion. The Academic Services Program works cooperatively with the campus academic community and student services to ensure student-athlete access to those services generally available to all students and provide services specifically designed to meet the needs of college student-athletes. Also, this office consults with university officials in addressing concerns related to the academic progress, performance and success of college student-athletes. The fundamental purpose of this program is to assist the university in helping its student-athletes develop into adults who demonstrate the ability to master intellectual material and apply rational thinking to their lives in ways that are personally satisfying and make a meaningful contribution to society.

Mission

The mission of the Office of Academic Service is to provide:

- academic support for student-athletes in their progress toward and completion of degrees of their choosing
- academic support for student-athletes in maintaining or regaining academic eligibility to participate in an NCAA sport.
- a positive working relationship between ICA and the university's academic community, student services, and administration
- support for student-athletes in developing and demonstrating self-accountability for learning and achievement.

ICA Academic Support Services

WEST PE MODULE

Hours of Operation	
Monday - Thursday	9:00 a.m. - 9:00 p.m.
Friday	9:00 a.m. - 5:00 p.m.
Saturday	Closed
Sunday	Closed (Open during mid-terms and final exams periods)

Academic Resource Center (ARC)

The Academic Resources Center is a controlled study environment that is conducive to learning and convenient to the computer lab. Head coaches may require student-athletes to attend Study Hall hours in this location.

Computer Lab

A designated computer lab is available to accommodate the accessibility needs of student-athletes. The computer lab is open for use during the hours of operations of the ARC.

Book Room

Student-athletes whose scholarships include “books” are provided required textbooks. “Books” does not include consumable supplies, such as paper, notebooks, pens, I-clickers, markers, etc.

Required books for authorized student-athletes may be picked up at the West PE Module. Student-athletes are responsible for all books issued by ICA Book Room and the Book Store. The books and all other issued material must be returned to the ICA Book Room by each student-athlete within 48 hours of the completion of the student-athlete’s last final exam. If a student-athlete fails to return a book, he/she will be charged the original amount paid by the athletic department for the books in which the student-athlete received for that semester.

Tutoring Program

All student-athletes are eligible to receive tutoring through ICA. Tutoring is available upon request and within the resources of the Academic Services Program. Tutoring requests are made through the student-athlete’s Academic Coordinator.

Class Attendance

Student-athletes at George Mason are expected to attend all classes at their scheduled times. It is the responsibility of student-athletes to become familiar with professors’ policies regarding missed classes and provisions to make up work. Class absences caused by involvement in or travel to athletic events are approved by the university ONLY if, by the end of the second week of the term, the student-athlete has informed each professor of expected absences for the term. For post season competitions, student-athletes must inform professors of expected absences as soon as possible. A student-athlete CANNOT be required by a coach or any staff member in ICA to miss a class experience to meet athletic obligations. (See also “Travel and Competition Verification”).

Travel Verifications

The Academic Services Program assists student-athletes in providing verification when a missed class or class experience is due to participation in or travels to regularly schedule athletic competitions. Student-athletes are expected to inform professors in a timely manner when conflicts between class expectations and athletics obligations become apparent. (See also “Class Attendance and Absence”)

Pre- Approval of Summer Courses

Each student-athlete must get permission from the university prior to enrolling in summer coursed taken at other institutions. George Mason University will not accept a summer course that has been completed if it was not reviewed and approved by Mason prior to enrollment in that summer course.

USEFUL INFORMATION REFERENCE SHEET

Academic Advising Information

<http://www.gmu.edu/departments/advising/>

Credit Transfer Information

<http://admissions.gmu.edu/transfer/transferCreditSearch.asp>

Graduation Intent General Information

<http://registrar.gmu.edu/gif/>

Patriot Web offers the following:

- Academic, Athletic & Financial Holds Information
- Add/ Drop and Elective Withdrawal Information
- Degree Audit Information
- Final Grades
- Financial Aid Information
- Graduation Intent Application
- Schedule of Classes
- Student Account Information

<http://patriotweb.gmu.edu>

Permission to Study Elsewhere

<http://gmueu/departments/saa/aaelsewhere.html>

University Catalog

- Includes information on programs of study, degree requirements, course descriptions, policies, etc.

<http://www.gmu.edu/catalog/>

Academic Support Services Contact Information

Deborah Wilson, PhD <i>Associate AD Academic Services/ Sport Psychologist</i>	dwilso3@gmu.edu	703.993.3254
Cheryl Ann Hunte, MS ED <i>Senior Academic Coordinator</i> MTK, WTK, WVB, MVB, LAX	chunte@gmu.edu	703.993.3250
Mike Ouellete, M. ED <i>Academic Coordinator</i> MBB, WSOC, Golf	mouelle2@gmu.edu	703.993.3704
George Reese, Esq. <i>Academic Coordinator</i> MSOC, WR, SB	greese@gmu.edu	703.993.3854
Christine Dorney, M. ED <i>Academic Coordinator</i> WBB, BB, MTN, WTN	cdorney@gmu.edu	703.993.2738
Kristen Meyer <i>Academic Coordinator</i> MSD, WSD, ROW, Dance, Cheer	kmeyer@gmu.edu	703.993.3252

Academic Recognitions

Dean's List

Each student who attempts at least 6 credits during a term and earns a minimum term of 3.5

Colonial Athletic Association Scholar-Athlete (CAA)

Each student-athlete that has earned a varsity letter, as well as achieved an overall or current academic year cumulative grade point average of 3.2 on a 4.0 scale in a CAA sponsored sport will receive a certificate and pin and their name placed on the Awards Boards in the Academic Resource Center.

Provost Scholar Athlete Award

Recognizes student-athletes who have earned a minimum of thirty-eight credit hours at Mason and who have achieved a cumulative grade point average of 3.75 or better.

Student-Athlete Welfare

Psychological Services

The psychological services available through the Department of Intercollegiate Athletics are designed to help meet the specific welfare and development needs of college student-athletes. These services help student-athletes succeed athletically, academically, personally, and socially while at George Mason University.

Individual counseling is available to student-athletes for personal, social, academic, career, athletic and other concerns. Counseling for athletically related performance enhancement is available for individual student-athletes and teams. Interested student-athletes may make an appointment by contacting the Sports Psychologist, Dr. Debbie Wilson. All counseling is confidential and free of charge to student-athletes.

The Sports Psychologist is also available as a consultant to student-athletes, team leaders, coaches, parents of student-athletes and administrators. Requests for team consultations often address team building, goal setting, motivation, communication and other concerns. Student-athletes have the opportunity to participate in ongoing group programs on leadership development and academic retention.

For more information or to arrange an appointment contact the Sports Psychologist:

Deborah Wilson, Ph.D. Sports Psychologist at 703-993-3254.

STUDENT-ATHLETE AFFAIRS AT GEORGE MASON UNIVERSITY

The NCAA Student-Athlete Affairs program has been developed and implemented at George Mason University through the support of the University, the NCAA, and the Colonial Athletic Association (CAA) in providing student-athletes an extraordinary environment that fosters principles of leadership, excellence, achievement, and diversity. The Student-Athlete Affairs program was developed to provide student-athletes with a support system that will assist them through the many transitions of college, help prepare them through the many transitions of college, help prepare them for the professional world, and at the same time provide opportunities to make meaningful contributions to the community.

For information, please contact:

Nena Rogers
Associate Athletic Director, Director of Student Services
George Mason University Intercollegiate Athletics
nrogers1@gmu.edu
703-993-3594

Resa Lovelace
Coordinator of Student-Athlete Affairs
George Mason University Intercollegiate Athletics
rlavela2@gmu.edu
703-993-5218

Mission

The program has been designed with a great deal of care in mind for George Mason student-athletes so that they will get the most out of their educational opportunities, excel athletically, develop personally, discover personal rewards from community service, and to explore career development. We hope to empower you, to embrace the many aspects of college education, athletics and life; through educational programs, volunteer opportunities, academic workshops, guest speakers and countless other initiatives.

*“Don’t let what you can’t do interfere with what you can do” ~
John Wooden, UCLA Coach (1948-1975)*

Patriots L.E.A.D.

*Leadership
Excellence
Achievement
Diversity*

Student-Athlete Affairs Location and Operating Hours

The Student-Athlete Affairs office is located in the Recreational Sports Complex (Field House) at 4400 University Drive. The Student-Athlete Affairs office is open to all student-athletes in need of assistance Monday through Friday from 9:00 am to 5:00 pm. Though walk-ins are welcome, it is advised that student-athletes and visitors call to schedule an appointment.

*Monday-Friday: 9:00am-5:00pm

Saturday/Sunday: Closed

*Walk-ins are welcome, schedule appointments preferred.

Financial Assistance

Student-Athlete Aid Fund

The Student-Athlete Aid Fund is intended to provide direct benefits to student-athletes in meeting their financial needs that arise in conjunction with participation in intercollegiate athletics, enrollment in an academic curriculum, and to recognize academic achievement.

The Student-Athlete Aid Fund is available to student-athletes who make their team roster on an NCAA sponsored sport at George Mason University, who qualify academically, and complete the 2012-13 FAFSA application. The FAFSA application can be found at www.fafsa.ed.gov. All FAFSA applications should be completed online. ***Must have FAFSA completed for the current school year by December 3, 2012.***

The Student-Athletes Aid Fund is also available to assist student-athletes with post-graduate placement testing, academic testing and certification programs.

For additional information regarding the SAOF please contact:

Nena Rogers

Associate Athletic Director

Director of Student Services

nrogers1@gmu.edu

703-993-3594

Resa Lovelace

Coordinator of Student-Athlete Affairs

rlovela2@gmu.edu

703-993-5218

Additional information and resources:

George Mason Office of Student Financial Aid:

<http://financialaid.gmu.edu/>

Federal Student Aid (FAFSA):

<http://www.fafsa.ed.gov/>

Federal Student Aid Portal:

<http://studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp>

Career Development

Mason's Student-Athlete Affairs program focuses on providing opportunities for student-athletes to actively learn about prospective careers and preparing for life after intercollegiate athletics. Through the Student-Athlete Affairs program and its partnership with the University Career Services, our goal is to help student-athletes develop skills that can assist them in a more successful transition into their lives after intercollegiate athletics. The following are a few examples of those opportunities:

Community Service

Giving back to your community is not only good for the community but it also provides student-athletes with a valuable education. The Student-Athlete Affairs program community service initiatives are geared to exposing student-athletes to the importance of serving the surrounding communities, both on and off campus. The Student-Athlete Advisory Council (SAAC) plays a very active role in developing and implementing community service events for SAAC and Intercollegiate teams.



STUDENT ATHLETIC ADVISORY COUNCIL (SAAC)

The Mason Student-Athlete Advisory Council (SAAC) was established in Jan of 1992 as a student athletic based organization, made up of two representatives from each of the 22 sports at Mason. It currently serves as the primary conduit for communication among and between student-athletes, coaches, administrators and the surrounding Mason community. Through a coach's nomination, a student-athlete is eligible to serve up to four terms (eight semesters) as the SAAC representative for their team.

SAAC meets on a bi-monthly basis addressing current topics of interest and concerns to Mason student-athletes. Under the supervision of both the Executive board (President, Vice President, Secretary and Treasurer) and the SAAC Administrator, the student-athletes are able discuss issues of concerns that directly effect their individual teams.

These student-athletes also enjoy the responsibility of maintaining a positive leadership role in the surrounding community by organizing, promoting and hosting several service projects throughout the year. By maintaining a healthy relationship with both the administrators and local community figures, SAAC believes that their efforts to help better Mason's student-athletes will not only be well received but also well recognized.

Throughout the years, SAAC has established themselves as the premier liaison between the student-athletes and the administration, servicing the needs of all student athletes, whether it is academic, athletic or extra curricular. As results of being a part of this organization, SAAC representatives not only learn how to co exist in a functional leadership environment, but they also have the opportunity to witness and experience how the voices of a few can change the minds many.



INTERCOLLEGIATE PROGRAMS AND AWARDS

The sports for which participation awards may be earned are:

Men

Baseball
Basketball
Cheerleading
Cross-Country
Golf
Soccer
Swimming & Diving
Tennis
Track, Indoor
Track, Outdoor
Volleyball
Wrestling

Women

Basketball
Cheerleading
Cross-Country
Lacrosse
Masonettes
Rowing
Soccer
Softball
Swimming & Diving
Tennis
Track, Indoor & Outdoor
Volleyball

Career Completion Award (George Mason Statue)

The Career Completion Award is given to those student-athletes who have successfully completed their academic and/or athletic commitment to George Mason University.

GMU Conference & National Championship Awards

1. Conference Championships

Members of Conference Championship teams affiliated with George Mason University (CAA, ECAC, IC4A, and EIVA) shall be awarded a memento with the corresponding conference logo. A proposed selection of the memento shall be submitted by the coach to the Associate Athletic Director for Intercollegiate Athletics for final approval.

2. National Championships

National Championship team members/Individual Champions shall be awarded the George Mason University National Championship ring.

3. Coach's Awards

Coaches shall receive the same award as team members for Conference and National Championships. In the case of individual champions, coaches will receive a National Championship ring after having coached five (5) National Champions.

Note: *In an academic year, a single award will be given which reflects the accomplishment(s) achieved by that team/Individual.*

Additional Athletic Awards

1. A student who has served in a support role will be eligible at coaches' request for appropriate participation award.
2. The Director of Athletics reserves the right to make special or alternative awards as governed by NCAA Bylaw 16 including but not limited to senior recognition awards.

ATHLETIC PARTICIPATION INFORMATION

Each academic year prior to any athletic participation (tryout, practice or competition) each student-athlete must attend an NCAA rules session. During this session, the student-athlete is given a review of NCAA regulations as well as George Mason University academic and general regulations. In addition, each student-athlete signs NCAA and George Mason University documents confirming understanding and commitment to compliance within the intent and spirit of these rules. (Copies of the NCAA rules summary; student-athlete statement and drug testing consent forms along with George Mason University medical and general information forms are included, at the end of this section, for your records.)

In addition, important information on extra benefits, gambling, and agents is included. If you have questions contact the GMU Compliance Staff at 703-993-3230 or 703-993-3204.

Eligibility Definitions

Academic Year 2012-2013

A student-athlete has used a year of eligibility if:

- an individual represents George Mason University in any contest against outside competition (scrimmage, exhibition, actual game or even a practice session with another institution's team);
or
- an individual competes for George Mason University regardless of the amount of time the student-athlete is actually involved in the contest; or
- an individual competes in George Mason University's uniform, and/or receives any expenses for transportation, food, lodging etc., from George Mason University.
- Redshirt*

A student-athlete is said to have been a "redshirt" if the individual **only practiced with the team. The individual could not have represented George Mason University in any contest against outside competition (e.g. scrimmage, exhibition or joint practice session with another institution's team or with individuals other than team members.)*

Continuing Eligibility Standards

In order to compete during any semester or academic year, you must complete the following minimum standards set forth by the NCAA and any George Mason Academic requirements prior to competition:

MUST BE A FULL-TIME STUDENT AND IN GOOD STANDING ACCORDING TO
GEORGE MASON UNIVERSITY (enrolled in at least 12 credit hours)

In addition:

Minimum NCAA GPA Requirements

- Prior to your third (3rd) term of full-time enrollment you must have a GPA of at least **1.800**
- Prior to your fifth (5th) term of full-time enrollment you must have a GPA of at least **1.900**
- Prior to your seventh (7th) term of full-time enrollment you must have a GPA of at least **2.000**

Progress-Toward-Degree Requirements

- Must pass at least six (6) hours during every semester of full-time enrollment
- Must pass at least eighteen (18) hours during any two consecutive full-time terms of enrollment
- Must pass at twenty-four (24) hours prior to your third (3rd) full-time semester
- Must complete 40% of degree requirement prior to your fifth (5th) full-time semester
- Which means you must choose a degree prior to your fifth (5th) full-time semester
- Must complete 60% of degree requirements prior to your seventh (7th) full-time semester
- Must complete 80% of degree requirements prior to your ninth (9th) full-time semester

Medical Hardship

Once a student-athlete triggers the use of a year of eligibility the only way he/she can get that year of eligibility back is to receive a medical hardship waiver. George Mason University can apply to the CAA if the student-athlete meets the following criteria:

- student-athlete has a season-ending injury or illness that can be documented with contemporaneous medical documentation from a doctor;
- injury, illness occurred in the first half of the season; and
- student-athlete competed in not more than 30 percent of the completed contests
- or 3 dates of competition (whichever applies to your sport)

EXTRA BENEFITS

NCAA general rule: Student-athletes may not receive any kind of extra benefit provided because of their athletic ability or reputation.

Extra benefits include anything to which other students would not be entitled. These benefits include but are **not limited** to:

MONEY	FREE USE OF A VEHICLE
DISCOUNTS	MOVIE TICKETS
JEWELRY	TICKETS TO PROFESSIONAL GAMES
PAGERS	LOANS OR CO-SIGNING OF LOAN
PHONE CARDS	GUARANTEE OF BOND
USE OF BEEPER/CELLULAR PHONES	HAIR CUTS
GROCERIES	ANY PREFERENTIAL TREATMENT
FREE MEALS	SPONSOR FAMILIES
CAR (OLD OR NEW)	GIFTS FROM A PARTICULAR GROUP

A benefit of either GREAT or LITTLE value may impact your eligibility.

ASK BEFORE YOU ACCEPT

**Call the George Mason University
Compliance Office**

703-993-3230

Gambling

Billions of dollars change hands on sports gambling each year. Gambling is “**HOT**” on college campuses across the country. As a student-athlete you can be drawn into the “Web of Gambling” in what seems to be harmless ways. Student “bookies” are still “bookies.” A bet through a friend may cause you to become ineligible for Intercollegiate Athletics.

NCAA rules are clear - NCAA bylaw 10.3 states:

“**Student-athletes** shall not knowingly:

- Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics;
- solicit a bet on any intercollegiate team;
- accept a bet on any team representing George Mason University; or
- participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling.”

10.02.1 Sports Wagering

Sports wagering includes placing, accepting or soliciting a wager (on a staff member's or student-athlete's own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; Internet sports wagering; auctions in which bids are placed on teams, individuals or contests; and pools or **fantasy leagues** in which an entry fee is required and there is an opportunity to win a prize.

Other Student-Athlete Responsibilities

Student-athletes are responsible for knowing and abiding by each of the following George Mason University policies or statements. All of these topics can be found in the George Mason University Student Handbook and Day Planner.

TEAM POLICIES AND PROCEDURES

Competition Schedules

Scheduling of all competition (both traditional and non-traditional segments) will be reviewed and approved annually by the Deputy Associate Athletic Director for Intercollegiate Sports. Particular attention will be paid to the budget process, as well as, academic spacing regarding missed class time. Competition contract negotiations regarding anticipated revenues and expenses must be presented for review at this time.

Practice Schedules

To determine team practice times that ensures fair and equitable access to all student-athletes for quality preparation for competition, while allowing flexibility to maintain the primary mission of academic excellence. Issues such as gender equity determine time and space available for competition preparation.

Practice times will be approved prior to the start of the academic year to minimize interference with student-athlete class schedules. Individual and specialized training will be conducted around the early morning hours (6:00-8:00 am) or early evening (7:00-9:00 pm) to reduce conflict with academic scheduling.

Team Travel

All teams are transported to events in University vehicles and authorized commercial carriers only. Teams desiring to travel by air must receive approval from the appropriate athletic administrator. The mode of transportation must be justified on the basis of safety, economics and the time requirements of the personnel involved with the trip. Team departure times have been established to ensure that as few classes as possible are missed.

All team travel (other than bus) that is approximately 120 miles or less must depart the competition site by 10 p.m. to arrive back on campus by a reasonable hour. In the event that the competition is (1) either further than the suggested 120 mile limit, or (2) is completed later than the 10 p.m. deadline, the team must stay overnight so as not to jeopardize the safety and well-being of those in the travel party.

In the event that van transportation has been approved for a distance greater than 120 miles (either to or from a competition site) there will be a driving limit not to exceed a total of 8 driving hours on any non-competition day. All drivers on departmentally approved trips MUST be registered and cleared by George Mason University Motor Pool Office.

Final Exam Period Scheduling

There will be no regular season competition during the actual testing time periods. The Faculty Athletic Advisory Board must approve season completing conference championship play with pre-approval review by the Deputy Associate Athletic Director for Intercollegiate Sports. Particular attention must be paid to all testing makeup dates. Travel (to and from competition) may not be permitted during all testing periods.

STUDENT-ATHLETE APPEAL AND GRIEVANCE PROCEDURES

Student-athletes have available to them all appeal and grievance procedures generally available to any student at George Mason University (GMU). Those policies and procedures are explained in the GMU Student Handbook. In addition, student-athletes at GMU have available the following four appeal or grievance procedures specifically address athletically related concerns:

1. Appeal of a denial of permission to speak with another collegiate institution regarding the student-athlete's possible transfer to that institution or denial of the "one-time transfer exception"
2. Appeal of a reduction or non-renewal of an athletic scholarship
3. Appeal of a sanction or sanctions imposed on a student-athlete as a result of a violation of GMU's Standards of Conduct for Student-Athletes
4. Grievance regarding the student-athlete's athletic or athletically related experience

Questions regarding these appeals and grievance procedures may be directed to the department of Intercollegiate Athletics Compliance.

1.a. Student-Athlete Appeals Process Regarding Transfers [NCAA BYLAWS 13.1.1.3 AND 14.5.5.2.10]

In the event that either **Permission to Speak** is not granted to allow a current student-athlete to speak with another collegiate institution concerning the possibility of transferring or that a GMU head coach has objected to granting the **One-Time Transfer Exception** to a transferring student-athlete, the student-athlete is entitled to a hearing.

When the **Permission to Speak** is not granted or there is an objection to the **One-Time Transfer Exception**, the Compliance Staff will notify the student-athlete in writing of the process to appeal the decision.

APPEALS PROCESS

- The student-athlete must notify the Faculty Athletic Representative (Linda Miller, Senior Associate Dean, College of Visual & Performing Arts) in writing that he/she wishes to appeal.
- The student-athlete must submit the facts of the appeal in writing to the Faculty Athletic Representative.
- The head coach must submit the facts for denying the appeal to the Faculty Athletic Representative.
- The Faculty Athletic Representative will convene a three-person committee of individuals from the Athletics Council (excluding Department of Intercollegiate Athletics staff) to deliberate the case.
- A final decision will be made and reported to the student-athlete, Head Coach and Compliance Officer.

1.b. CAA Intraconference Transfer Rule

A student-athlete in a conference sport that has been the recipient of athletically related financial aid at a CAA Institution who decided to transfer within conference must fulfill two academic years of residence (per NCAA Bylaw 14.5.1) prior to being certified eligible for competition. The Intraconference Transfer rule also applies to incoming student-athletes that has signed a valid National Letter of Intent with a CAA Institution. Likewise, by general agreement, the original institution will have no objection to a waiver of the transfer residence requirement for the intra-conference transfer of a student that has never received athletically related financial aid at the first CAA Institution.

1.c. EIVA Intraconference Transfer Rule

Any student transfer from one institution to another within the EIVA is a mandatory one year of ineligibility period, unless written waivers are received from the athletic departments of both institutions.

2. Student-Athlete Appeals Process for Athletic Scholarship Reduction or Non-Renewal [NCAA BYLAW 15.3.5.1]

In the event that a student-athlete's athletic scholarship is not renewed or is reduced, the student-athlete has the right to a hearing, and will be notified in writing by the Director, Office of Student Financial Aid. This notification informs the student-athlete of the reason(s) for the non-renewal or reduction and the process if the student-athlete wishes to appeal.

If the student-athlete submits an appeal, the request must be sent in writing to the Director, Office of Student Financial Aid and postmarked within the time period stated in the notification letter.

APPEAL PROCESS

- Student-athlete must submit the facts of the case in writing to the Director, Office of Student Financial Aid.
- Head coach must submit the facts for denying the appeal to the Director Office of Student Financial Aid.
- The Director, Office of Student Financial Aid will present the appeal to the Office of Student Financial Aid Appeal Committee for deliberation.
- A final decision will be made and reported to the student-athlete, head coach and Compliance staff.

3. Student-Athlete Appeals Process Regarding a Sanction from Violation of the Standards of Conduct

In the event a student-athlete receives a sanction resulting from a violation of the Standards of Conduct for Student-Athletes that he/she considers inappropriate, the student-athlete has the right to an appeal.

To be considered for an appeal regarding a sanction resulting from a violation of the Standards of Conduct for Student-Athletes, the student-athlete must notify the Assistant Vice President/Athletic Director (Tom O'Connor) in writing within ten (10) calendar days of the notification of the sanction. The student-athlete must specify the basis for the appeal and provide supporting evidence at the time the appeal is submitted. The Assistant Vice President/Athletic Director will review the appeal and respond to the student-athlete. The decision of the Assistant Vice President/Athletic Director is final.

BASIS FOR AN APPEAL

A sanction may be appealed to the Assistant Vice President/Athletic Director if it is determined that:

- New facts directly related to the case have been discovered or become available, or
- The policies and procedures of the Standards of Conduct for Student-Athletes were not followed in the determination of the misconduct or the sanction.

RESPONSE TO AN APPEAL

The Assistant Vice President/Athletic Director will review the appeal. If he/she determines there are adequate grounds to grant the appeal, he/she will determine the appropriate sanction. The decision of the Assistant Vice President/Athletic Director is final, if any.

4. Student-Athlete Grievance Procedure

In the event a student-athlete has a grievance or complaint concerning his/her athletic or athletically related experience with a member of the Department of Intercollegiate Athletics (ICA) he/she has a right to file a grievance.

PROCEDURE

- The student-athlete will meet with the Senior Woman Administrator/Senior Associate Athletic Administrator to discuss the facts of Grievance.
- Within 7 business days, the Senior Administrator will consult with two other athletic administrators (not involved in the case) and render a decision.
- The student-athletes may appeal the decision only in cases of new information or misinterpretation of the original facts.
- The decision of the Assistant Vice President/Athletic Director is final

ATHLETIC SCHOLARSHIPS

The Department of Intercollegiate Athletics offers athletic scholarships to those student-athletes who have demonstrated a commitment to academic achievement and the ability and desire to compete at the level of athletics consistent with the George Mason University established athletic programs.

Athletic scholarships are offered to student-athletes at the discretion of each coach, with the consent of the Associate Athletic Director for Compliance, and the final approval of the Director of Student Financial Aid, within the guidelines prescribed by George Mason University, the Colonial Athletic Association (CAA), and the National Collegiate Athletic Association (NCAA). Athletic Scholarships may be awarded for any term during which a student athlete is in attendance as an undergraduate or a graduate student with eligibility remaining. Student Athletes can receive five years of aid within a six year period.

Types of Athletic Scholarships

TUITION: A Tuition Scholarship represents payment by the Department of Intercollegiate Athletics on behalf of the student-athlete for in- or out-of-state tuition, based upon the student-athlete's residency designation, for up to sixteen (16) credit hours a semester for undergraduate studies and twelve (12) hours for graduate studies. A student-athlete requesting scholarship aid for more than 16 credit hours must appeal to the Senior Associate Athletic Director for Student Services and receive final confirmation from the Director, Office of Student Financial Aid. Consideration of such requests is based on the student-athlete's progress toward obtaining a degree in a timely fashion.

ROOM: A Room Scholarship (on-campus) represents payment by the Department of Intercollegiate Athletics on behalf of the student-athlete for on-campus housing equal to or less than the cost of a **Double in the TAP** area. Any additional expenses incurred for housing are the obligation of the student-athlete (e.g. when a student-athlete elects to live on campus in a more expensive location, such as a townhouse, two-person apartment, single dorm room, etc).

**Men's and Women's basketball student-athletes are exceptions to this policy.*

BOARD: A Board Scholarship represents payment by the Department of Intercollegiate Athletics on behalf of the student-athlete for the on-campus **230 Block** meal plan selected by the student-athlete. If a student-athlete chooses a more expensive meal plan, the scholarship will **ONLY** pay up to the cost of a 230 Block meal plan.

***For incoming freshmen beginning in fall 2009, your Board Scholarship will be the equivalent to the 200 Block meal plan.*

BOOKS: A Book Scholarship represents payment by the Department of Intercollegiate Athletics on behalf of the student-athlete for all books required for their course of study and is awarded only to those student-athletes receiving a full athletic scholarship (i.e. full tuition & fee, full room, full board and books).

Award of Athletic Scholarship

An award may be initiated either the fall or spring semester. Annual scholarships will be divided over both fall and spring semesters. Athletic scholarships, once awarded, are renewable according to NCAA regulations. An award cannot be increase during the period of the award.

There can be any combination up to a full athletic scholarship (i.e. tuition, room, board, and books). In addition, the Department of Intercollegiate Athletics on behalf of each recipient of a full athletic scholarship pays the Orientation Fee. Also, the Department of Intercollegiate Athletics pays international student health insurance, which is required by George Mason University, for each international student-athlete receiving a full athletic scholarship.

Payment of Athletic Scholarship

Standard Payment: The Office of Student Financial Aid will be responsible for forwarding to the Cashier's Office the names and appropriate amounts and types of athletic scholarship awards for payment.

Cash Award Payment: Cash payments are made available to the student-athlete through the Athletic Department Compliance Office on the first day of each semester. The Department of Intercollegiate Athletics will make a cash award directly to the student-athlete in the following instances:

Room: When a student-athlete is awarded a room or half-room scholarship and elects to live off campus, a cash award will be made directly to the student-athlete based on the current cost of a Triple in the Commonwealth/Dominion Residence Hall.

Board: When a student-athlete is awarded a Board Scholarship and elects to live off campus, in the University Apartments, or in the University townhouses, a cash award may be made directly to the student-athlete equivalent to the cost of the Freedom Rings meal plan.

Tuition: When a student-athlete has previously made payment to George Mason University for tuition, and is later awarded a tuition scholarship, the Department of Intercollegiate Athletics will consider a cash reimbursement to the student-athlete on a case-by-case basis.

Degree-Completion Awards (Fifth Year Scholarships)

Student-athletes may apply for George Mason University's Athletic Department fifth year Degree-Completion Awards. Applicants must be currently receiving an athletic scholarship; have exhausted athletic eligibility prior to the use of the award; and will be able to complete requirements for an undergraduate degree within a fall or a fall and spring semester.

The awards will be tuition scholarships only. Awards may be partial or full tuition. The award may be less than or equal to the percentage of athletic scholarship the student-athlete had during his/her last year of athletic eligibility.

**Men's and Women's basketball student-athletes are exceptions to this policy.*

Summer Scholarship

Student-athletes may apply for George Mason University's Athletic Department Summer Scholarship Award. Priority will be given for those graduating in that summer and for classes that apply only to a first undergraduate degree. Applicants must be currently receiving an athletic scholarship.

The awards will be tuition scholarships only. Awards may be partial or full tuition. The award may be less than or equal to the student-athlete's percentage of athletic scholarship.

For more information on the Degree Completion and Summer Scholarship Awards, visit www.gomason.com under Student-Athlete Affairs.

**Men's and Women's basketball student-athletes are exceptions to this policy.*

Renewal Policy

Each scholarship recipient will be notified by GMU email from the Director of Financial Aid that his/her scholarship has been renewed for the next academic year on/or before July 1st.

Period of Award

The following is quoted directly from the NCAA Manual:

NCAA Bylaw 15.3.3.1

"If a student's athletic ability is considered in any degree in awarding financial aid, such aid shall neither be awarded for a period in excess of one academic year nor for a period of less than one academic year."

NCAA Bylaw 15.3.3.1.2

"A staff member may inform a prospect that the Athletic Department will recommend to the financial aid authority that the prospect's financial aid be renewed each year for a period of four years and may indicate that the authority has always followed the Athletic Department's recommendations in the past. However, the prospect must be informed that the renewal will not be automatic."

Reduction or Non-Renewal of Athletic Scholarship

NCAA BYLAW 15.3.4.2 (paraphrased)

An athletic scholarship may be reduced or cancelled if the student-athlete does any of the following **during the period of award**:

- Renders himself or herself ineligible for intercollegiate competition.
- Fraudulently misrepresents any information on an application, letter of intent, or financial aid agreement.
- Engages in serious misconduct warranting substantial disciplinary penalty.
- Voluntarily withdraws from a sport for personal reasons.

In addition, an athletic scholarship may be reduced, cancelled, or non-renewed based on, but not limited to, violations of the Student-Athlete Standards of Conduct.

Medical Exception – Athletic Scholarship

A student-athlete that is deemed medically unable to participate by Mason's team physician will be considered for the continuation of his/her athletic scholarship thru the completion of an undergraduate degree. A student-athlete who receives athletic scholarships in this situation have conditions on which the scholarship is based. The conditions include: maintaining academic good standing as defined by George Mason University; meeting the scholastic standards as required by the NCAA; complying with an individualized "academic contract" developed for the student-athlete by Dr. Debbie Wilson, Associate AD for Academic Services; and working up to 15 hours a week in an assigned position within the Athletic Department.

Appeal Process for Athletic Scholarship Reduction or Non-Renewal

In the event a student-athlete's athletic scholarship is reduced or non-renewed, the student-athlete will be informed in writing by the Director, Office of Student Financial Aid. If the student-athlete contends that the reduction or non-renewal is unjust, he/she has the right to appeal. The student-athlete must submit, in writing, a formal appeal to the Director, Office of Financial Aid. (*See Student-Athlete Appeal and Grievance Procedure.*)

Need-Based Financial Aid

A student-athlete with a financial need is encouraged to investigate what aid is available through the Student Financial Aid Office. Appropriate information and documents can be obtained from the Student Financial Aid Office. Financial Aid Counselors are available to assist and inform the student-athlete with documentation and forms.

REMINDER: Student-athletes must reapply each year for institutional (need-based) financial aid. In order to receive the best available financial aid package all forms MUST be completed as close to January 1st as possible or soon after. Even a month delay can affect the financial aid package you may receive.

Athletic Scholarship Tax Responsibility

As a scholarship student-athlete you may have a tax obligation.

Athletic Scholarships are made up of tuition, room, board and books. The Internal Revenue Service (IRS) has determined that only the room and board portions of an athletic scholarship are taxable.

U.S. citizens are responsible for declaring this income, filing the appropriate forms and paying any requested tax.

Non-resident alien international students are required to pay this tax immediately upon receipt of any taxable scholarship monies. For further information: on non-resident alien tax please contact the Office of International Student Services at 703-993-2970; for U.S. Citizens, check with your tax advisor for complete information.

Student-Athlete Employment

Earnings from a student-athlete's on- or off-campus employment that occurs at any time is exempt and is not counted in determining a student-athlete's full grant-in-aid or in the institution's financial aid limitations, provided:

- The student-athlete's compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability;
- The student-athlete is compensated only for work actually performed; and
- The student-athlete is compensated at a rate commensurate with the going rate in that locality for similar services.

You will be required to inform the Athletic Department Compliance Staff with pertinent information regarding your employment during the academic year and during your summer vacations on an annual basis.

Important Notice

This document is intended to be a summary in nature and represents an overview of the principal aspects of the rules governing athletic scholarships. You are, therefore, encouraged to ask questions and seek further information on the rules governing athletic scholarships in their entirety.

If you have questions about athletic scholarships, please call Paul Bowden, Associate AD for Compliance at (703) 993-3230.

CENTER FOR SPORTS PERFORMANCE

The George Mason University Center for Sports Performance promotes a multidisciplinary approach to assist the student athlete's physical development for athletic competition and lifetime health. With the coordinated efforts of the strength and conditioning specialists, sports dietitian, athletic trainers, team physicians, and allied healthcare providers, the student athlete has access to professionals who can educate and direct all aspects of strength training and conditioning, nutrition, and injury prevention and rehabilitation. We promote athletic performance and life-long wellness by providing and coordinating the necessary education and resources for our student athletes to be successful in athletics and life. We share in the responsibility of providing a quality experience for each student athlete during their time at George Mason University.

STRENGTH AND CONDITIONING

The strength and conditioning department at George Mason University is dedicated to the design and implementation of training programs for student-athletes to decrease injury potential and enhance sports performance. These training programs are developed with an emphasis on safety and the fulfillment of the student-athlete experience.

The strength and conditioning staff and weight training facility is located in Room 123 of the Field House.

Facility hours are set by the Recreation Sports Complex manager. The strength staff is available as scheduled by athletic teams. During the Fall and Spring semesters this has been from 6am – 5pm, Monday through Friday. Summer hours are established by appointment.

An orientation session will be provided to all student-athletes concerning facility usage requirements, regarding proper attire and etiquette.

Strength and Conditioning Staff

Robert Handerahan, CSCS

Head Strength & Conditioning Coordinator

rhandera@gmu.edu

703-993-3237

Sarah Walls, CSCS

Assistant Strength & Conditioning Coordinator

swalls@gmu.edu

703-993-2306

SPORTS NUTRITION

For an NCAA student-athlete, transitioning from high school to collegiate sports can be intimidating. The collegiate level requires more time and energy for conditioning, practice, and game day. At George Mason University, the sports dietitian supports the student-athlete in reaching their full potential through individual assessment, counseling in proper fueling, and hydration for positive sports performance results.

For optimal athletic performance, know Your Fueling Game Plan.

- Do you need assistance with reshaping your diet for optimal nutrition, hydration, performance or rehab?
- Do you need assistance with weight management or body fat percentage for your sport?
- Do you need medical nutrition therapy for medical maladies such as disordered eating, food allergies, elevated cholesterol, high blood pressure, anemia, or other nutrition related maladies?
- Do you need assistance evaluating dietary supplement safety?

Know your sport, know your season, and schedule your fueling game plan in the off-season or preseason for optimal results.

Sports Nutrition Services for Varsity Student Athletes:

- ♦ Individual Counseling: nutrition assessment, healthy meal and snack options for athlete's sports specific needs, e.g. off/pre/in-season food options.
- Small Group Presentation: (Examples) proper fueling and hydration strategies for pre-during-post exercise, etc.
- Team Presentations: Eating on the road, anti-inflammatory foods, and other sports specific topics.
- Student-athletes should visit the website at www.gomason.com for Center of Sports Performance and Sports Nutrition.
- Student-athletes are welcome to schedule an appointment, by contacting:

Theresa Logan, MS, RD, CSSD, tlogan2@gmu.edu

Registered and Licensed Dietitian

Board Certified Specialist in Sports Dietetics

SPORTS MEDICINE

The Sports Medicine Department will provide quality health care to each student-athlete through a team effort from athletic trainers, team physicians, and allied health care providers associated with George Mason University. We desire to contribute as health care providers to the success of our athletic teams by educating our student-athletes and coaches concerning exercise recovery, injury prevention, and injury management and rehabilitation.

The Department of Intercollegiate Athletics has three Athletic Training Rooms on campus.

Field House - Room 129 (Main Athletic Training Room)

Phone: 703-993-3279

General Athletic Training Room Hours: 10:00 a.m. to 7:00 p.m.

Weekends: Only for specific practices and events

Recreation and Athletic Complex- Room 1204

Phone: 703-993-3278

Hours - Only for specific practices and events

Patriot Center – Room 1059

Phone: 703-993-3063

Hours - Only for specific practices and events

Each athletic team has been assigned an athletic trainer who will supervise the team's health care. The Athletic Training Room staff can best assist the student-athlete if athletic trainers are informed of injuries or illnesses as they occur. An athletic trainer will be available on campus for all scheduled practices/competitions. In season athletic teams and home events are given priority. All student-athletes are served on a first-come, first served basis except in emergency situations. If it is necessary for your team to travel away without an athletic trainer, a medical kit will be provided and arrangements for coverage will be conveyed to the home school athletic training staff. To see a team physician, student-athletes must be screened by an athletic trainer in advance. Team physicians are available on Monday and Wednesday afternoons in the field house and at home soccer and basketball games, wrestling matches, cross country meets, or other large or multiple day events.

Athletic Training Staff

Linda Pullen – lpullen@gmu.edu

Coordinator, Sports Medicine

703-993-3280 (w), 571-220-8912 (c)

Ray Yamrus – ryamrusj@gmu.edu

Head Athletic Trainer

703-993-3280 (w), 571-437-9040 (c)

Debi Corbatta – dcorbatt@gmu.edu

Associate Athletic Trainer

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Joey Sierzega – jsierzega@gmu.edu

Athletic Trainer

703-993-3277 (w), 571-437-9036 (c)

Sara Nickoles – snickole@gmu.edu

Athletic Trainer

703-993-3277 (w), 240-277-7030 (c)

Shannon Soares – ssoares2@gmu.edu

Athletic Trainer

703-993-3277 (w), 774-487-0894 (c)

Andrea Burtt, aburtt@gmu.edu

Graduate Assistant

703-993-3279 (w), 803-873-1552 (c)

Lindsay Cosgray, lcogray@gmu.edu

Graduate Assistant

703-993-3279 (w), 301-305-1984 (c)

Linda Cooper – lsokhor@gmu.edu

Administrative Assistant

703-993-3279 (w)

Dr. Frank Pettrone

Head Team Physician

Pre-Participation Medical Requirements

Student-athletes must complete the following requirements prior to participation in any athletic activity:

1. Student-Athlete Medical History and Physical Form
2. Medical Disclosure Agreement and Insurance Form
3. Personal/Family Insurance Information Form
4. Personal/Family Insurance Card (provide copy of FRONT and BACK of card)
5. Sickle Cell Trait Screening Results (incoming freshmen, transfers, and try-outs only)

MEDICAL UPDATES AND REMINDERS

1. Incoming scholarship, recruited, and transfer student-athletes and any student trying-out for an ICA team must have a complete physical cleared by a GMU team physician prior to any athletic participation. Student-athletes may obtain a physical from their family physician. Please use the GMU Medical History and Physical Form if you choose to obtain your own physical. Physicals must be completed after July 1st of the upcoming academic year. All returning student-athletes will complete an annual Interim Medical History and Physical Form. **All student-athletes must attend the GMU medical screening. Physicals will be provided free of charge for incoming scholarship, recruited, and recruited transfer student-athletes and returning student-athletes only.**
2. The NCAA requires that all incoming freshmen and transfer student-athletes show proof of sickle cell trait testing (blood test) prior to participation in intercollegiate athletics. Those student-athletes who participate in cheerleading and dance are exempt as well as transfers who began their athletic eligibility prior to the fall of 2010. Incoming freshmen may obtain this test from their family physician. Please discuss the cost of this test with your physician and/or Health Insurance Company. GMU cannot cover the cost of your private screening. GMU will provide the screening on campus free of charge for any student-athlete. **Incoming freshmen and transfers will not be allowed to participate without sickle cell trait test results cleared by a GMU team physician. Please open the websites and review the educational information provided by the NCAA on sickle cell:**

http://web1.ncaa.org/web_files/health_safety/SickleCellTraitforSA.pdf

http://web1.ncaa.org/web_video/health_and_safety/sickle_cell/sickleCell.html

3. The NCAA requires that all student-athletes sign a Medical Disclosure Agreement prior to participation in intercollegiate athletics. This agreement pertains to the importance of communicating all injuries including concussions and illnesses to the athletic training staff prior to further participation. Student-athletes and parents are asked to thoroughly read this agreement and the information pertaining to personal health insurance and the GMU secondary insurance policy. **Injuries/ illness that are not disclosed in a timely manner from the date of injury or onset of symptoms will not be considered for coverage under GMU's secondary policy.** Open the website to review the educational information provided by the NCAA on concussions:

http://web1.ncaa.org/web_files/health_safety/ConFactSheetsa.pdf

Personal Health Insurance Coverage

Every student-athlete should be covered under a personal or family insurance policy and is encouraged to obtain complete personal health insurance. **This is the primary policy.** Mandatory requirements accompany most primary plans. It is the responsibility of the student-athlete to know the requirements of their personal policy. If the personal policy guidelines are not followed, the secondary policy will not go into effect and the Department of Intercollegiate Athletics will not be responsible for the incurred expenses.

Student-athletes with Tricare Military or any HMO insurance plan will be required to follow the requirements of their insurance plan. It is highly recommended that a primary care physician in the Tricare North Region, be selected in the Fairfax vicinity. By completing this process in advance, health

care needs can be addressed in a timely manner for Tricare student-athletes. Please contact Linda Pullen at lpullen@gmu.edu for appropriate forms and further information concerning this procedure.

1. It is the responsibility of the student-athlete to have the following information on file in the Athletic Training Room at all times:
 - Medical Insurance Information Form
 - Insurance Card (copy of front and back)
 - Personal/Family Insurance Information Form
2. **It is the responsibility of the student-athlete and/or the policyholder to keep insurance information current and notify the Athletic Training Room Staff immediately when changes occur.**
3. It is the responsibility of the student-athlete to know and abide by the rules and regulations of the policy.
4. In the event a student-athlete is injured during official competition or practice, it is the responsibility of the student-athlete and/or policyholder to submit all claims in this order:
 - To their Personal/Family Insurance company for payment.
 - Provide the Athletic Training Room Staff with itemized bills and an “explanation of benefits” (EOB) from the primary insurance. Secondary policy will take effect after claims have been submitted to the student-athlete’s insurance company.

GEORGE MASON UNIVERSITY’S SECONDARY INSURANCE POLICY

The Department of Intercollegiate Athletics provides each student-athlete with a secondary sports accident insurance policy. This means that in the event there are outstanding bills after the student-athlete’s personal policy has addressed all claims; the Department of Intercollegiate Athletics secondary insurance policy becomes effective in accordance with its limitations and restrictions.

1. This policy pertains ONLY to athletically related trauma during official GMU competition or practice. Medical expenses acquired due to illness, pre-existing injuries, injuries outside of official practice or competition, self-inflicted injuries and injuries not reported in a timely manner are the sole financial responsibility of the parent, guardian or student-athlete. Student-athletes without primary medical insurance assume this risk.
2. The student-athlete must coordinate any treatment of an athletically related injury with the Athletic Training Room Staff. In the event the student-athlete chooses to independently acquire medical services without a written referral from a team physician or athletic trainer, the costs of such services shall be the sole responsibility of the student-athlete. If the student-athlete chooses to obtain medical services normally available through the University from an outside source, the cost of such services will be the sole responsibility of the student-athlete unless prior written approval has been obtained from the Athletic Training Room Staff. Health care providers are available to student-athletes free of charge through the Athletic Training Room (i.e., orthopedics, family practice, podiatrist, chiropractic).
3. The student-athlete must comply with the recommended treatment and rehab protocol as instructed by the team physician and/or athletic trainer. In the event, the student-athlete does not comply with the recommended treatment/rehab protocol, the cost of additional medical services for this injury, will be the sole responsibility of the student-athlete. A student-athlete must consistently report to the athletic training room for treatment and rehab a minimum of 3 days each week to be in compliance with this policy. Written documentation from an athletic trainer will be required for exception to this policy.
4. After a medical bill has been processed through the student-athlete’s primary policy, the outstanding balance of athletically related bills should be submitted to the Athletic Training staff for processing with the secondary policy. AN ITEMIZED BILL from the student-athlete’s doctor and/or hospital and an EXPLANATION OF BENEFITS paid by the primary insurance company are required to process the outstanding balance.
5. Student-athletes/parents SHOULD NOT PAY MEDICAL BILLS that are athletically related.
6. The secondary insurance policy is only in effect for a period of 2 YEARS from the date of injury. Therefore, in order to successfully process your claim, timely submission of excess claims and all

- documentation to the Athletic Training staff is essential.
7. The secondary policy will not be in effect in instances where the student-athlete has not properly followed their primary policy's rules and regulations and/or has been non-compliant with recommended treatment and rehab protocols as provided by team physicians and/or athletic trainers.
 8. It is the responsibility of each student-athlete to know all policies and procedures related to the Athletic Training Room and Insurance policy (consult your Student-Athlete Handbook, the Sports Medicine Coordinator, or an administrator if you need further information).

George Mason University's Athletic Department assumes no financial or legal responsibility for:

- unreported injuries including concussions
- unreported illness and medical conditions including pregnancy
- charges by a healthcare provider to which a student-athlete was not referred by a member of the Athletic Training Room Staff or team physician
- injuries or conditions not occurring during, or as a result of, participation in a scheduled, supervised practice and/or competition including self-inflicted injuries

All arrangements for the care of injuries are to be made and processed before the student-athlete withdraws, leaves or graduates from George Mason University.

Pre-existing Medical Conditions

Medical conditions existing prior to athletic participation at George Mason University are the financial responsibility of the student-athlete and his or her family. Elimination from participation because of pre-existing conditions or injuries incurred while competing for George Mason University is the prerogative of the team physician. Failure to report medical conditions releases George Mason University from liability in the event of any injury caused by the unreported condition.

Medical Expenses

All athletically related injuries must be reported to the team athletic trainer or team physician within a timely manner to enable the Athletic Department to help with any medical expense. All coverage provided by the Department is in compliance with guidelines issued by the NCAA, and therefore does not allow for payment for injuries that are not the result of supervised intercollegiate practice or competition. If injured in an intramural sports game, Departmental coverage is not applicable. If a student-athlete seeks medical care without pre-approval by the Athletic Department athletic training staff and/or team physicians, any and all charges incurred will be the responsibility of the student-athlete.

Dental Care

Each student-athlete is responsible for his or her own dental care unless the need for the care is a result of an injury to sound teeth incurred during recognized athletic/team activity. Proper preventive measures (mouth guards, protective devices) must be taken during all practices, scrimmages, and games, etc. in accordance to NCAA rules that apply to each sport.

Eye Care

Direct injury as the result of trauma is covered under the Athletic Department secondary policy. Eye care that is medically necessary for safe performance in a particular sport is also covered. Any appointments for exams, glasses or contacts require pre-approval by athletic administration.

Jewelry/Body Piercing

All jewelry should be removed prior to athletic activities. Earrings, necklaces, watches, bracelets, rings, toe rings, eye brow rings, tongue studs, navel rings or other types of body piercing jewelry **should not be worn in competitions or practices**. Jewelry can be the direct cause of injury to oneself or other individuals and may cause the severity of an injury to worsen (i.e. tongue stud in an unconscious athlete). Jewelry should not be brought to competitions/practices where it cannot be safely stored. Medical expenses due to injury as a result of wearing jewelry during competitions/practices will be the financial responsibility of the student-athlete.

Prescriptions

Prescriptions resulting from trauma related to participation in an ICA approved and ICA supervised event are covered by the athletic department. The receipt should be given to a certified athletic trainer. The prescription will be logged in and turned over to the athletic business office. Student-athletes can pick up their reimbursement from the business office. Prescription receipts from physicians outside of the athletic department will not be honored unless previous approval was given. Prescriptions for illness are not covered.

Medications

Student-athletes should not take any medication (prescription and over-the-counter) or other oral substances from any individual other than a team physician or an athletic trainer under the direction and supervision of a team physician. It is against the law for athletic trainers, coaches or any individual to provide a prescription medication for a person other than who the physician prescribed it for. There is a danger of severe reaction to many medications.

The NCAA requires documentation from a physician to be on file in the athletic training room for medications prescribed for Attention Deficient Hyperactivity Disorder (ADHD). **This documentation must include information pertaining to the evaluation and diagnostic testing pertaining to the diagnosis of ADHD and the recommended treatment including prescription medication.** The NCAA and the GMU Drug Testing Policy requires that each student-athlete maintain a current record of all medications in the athletic training room. Misuse and abuse of any medication including over the counter medications can be harmful to your health.

Nutritional Supplements and Ergogenic Agents

Many supplements and agents are advertised as products that enhance athletic performance (e.g., ergogenic agents). The pressure to maximize performance and gain a competitive advantage at any cost has become prevalent. Consequently, there has been an explosion in the manufacturing and advertising of these products. However, there are few products, which demonstrate scientifically, that enhance athletic performance. Many products are classified as “nutritional agents” or “herbal medicines.” These substances are not governed by agencies or regulations that control purity, efficacy, and safety, as are foods and pharmaceutical products. Consequently, there is tremendous variability in quality and purity of these products. The dangerous side effects and long-term risks involved in the use of many supplements and agents is also an area lacking scientific research. Accordingly, the policy of the Team Physicians, sports dietitian, and Athletic Training Room Staff is to only endorse the use of those products with proven scientific benefit and which are regulated by agencies that control the purity and safety of the product. **The department will follow the guidance of the NCAA in strongly advising against the use of any nutritional supplement or ergogenic agent that without regulation could contain a substance that is on the NCAA banned drug list. An athlete assumes this risk when consuming this type of product during NCAA and GMU drug testing.**

It is also the desire of the Sports Dietitian to provide educational information on a product the student-athlete may consider using. The Sports Dietitian will schedule appointments to discuss products and their usage. Educational resources are available for a student-athlete to review. It is our hope that each student-athlete will make intelligent and educated decisions in the use of any substance consumed with the desire to enhance athletic performance. Sound nutritional habits still remain the most effective and safe method. It is, therefore, the most intelligent first step to improve athletic performance.

Tobacco Products

The NCAA prohibits the use of tobacco products by the student-athlete during practice and competition. The student-athlete who is using tobacco during practice/competition shall be disqualified for the remainder of that practice/competition. The GMU athletic department prohibits the use of tobacco products in and on all athletic facilities.

Treatment (General/Emergency)

Each student-athlete must report to the Athletic Training Room Staff all injuries or illnesses that might interfere with his or her ability to practice or participate in his or her sport including those evaluated at the GMU Student Health Center or by a personal physician. In the event of a life-threatening situation (e.g. difficulty breathing, severe bleeding, neck or back injuries, etc.), when an athletic trainer cannot be reached, these problems should be referred immediately to the closest hospital emergency room or urgent care center. The local emergency phone number is 911. Contact the Athletic Training Room Staff or Coach as soon as possible. A team physician, prior to practice or competition must clear any student-athlete who has been seen in the emergency room or admitted to a hospital.

Athletic Training Room Rules

1. The Athletic Training Room is a medical facility and appropriate behavior and dress is required at all times. Shirts are required unless removal is necessary for evaluation or treatment.
2. No treatments are to be self-administered.
3. No athletic equipment or personal belongings are allowed in the Athletic Training Room. The Athletic Training Room Staff is not responsible for the loss/damage of equipment or personal belongings.
4. No cleats are allowed in the Athletic Training Room.
5. Athletes must shower and change practice/competition clothing after practices/games prior to treatment and use of the whirlpools.
6. Any malfunction of the equipment should be reported to the staff member in charge.
7. Food is not allowed in the Athletic Training Room.
8. Tobacco products are not allowed in the Athletic Training Room.
9. Medical supplies or equipment should not be removed without the permission of an athletic trainer. Any item on loan from the Athletic Training Room must be checked-out and returned immediately upon recovery from the injury necessitating the item. Athletic teams will be charged for any item not returned.
10. The athletic trainer's decisions about treatment, taping, and/or administration of this facility are final.
11. Under no circumstances shall a student-athlete be present in an athletic training room when an athletic trainer is not in attendance.

Additional information concerning athletic training and sports medicine can be obtained on the website <http://gomason.cstv.com/school-bio/sports-medicine.html>

**All information regarding George Mason
University's Athletic Department**

**“DRUG AND ALCOHOL EDUCATION
AND TESTING PROGRAM”**

**Can be found in the online version of the
Student-Athlete Handbook located on
gomason.com under the Student-Athletes
heading.**

STUDENT-ATHLETE INVOLVEMENT WITH PROFESSIONAL SPORTS

A CAREER IN PROFESSIONAL ATHLETICS

Many student-athletes are interested in pursuing a career in professional athletics. Statistics show that **very few** actually have this experience. Therefore, it is very important that you get your academic degree. Even those individuals who do become professionals end up in that career for just a few years. A college degree cannot be taken from you.

George Mason University Athletic Department Compliance Office, Field House Room 157 has copies of a NCAA guide on professional athletics called, "A Career in Professional Athletics." This booklet has a lot of useful information for student-athletes considering a professional athletic career.

Tryout

Tryout after Enrollment at a Collegiate Institution

After initial full-time collegiate enrollment, an individual who has eligibility remaining may try out with a professional athletics team (or participate in a combine including that team) at any time, provided the individual does not miss class. The individual may receive actual and necessary expenses in conjunction with one 48-hour tryout per professional team (or a combine including that team). The 48-hour tryout period shall begin at the time the individual arrives at the tryout location. At the completion of the 48-hour period, the individual must depart the location of the tryout immediately in order to receive return transportation expenses. A tryout may extend beyond 48 hours if the individual self-finances additional expenses, including return transportation. A self-financed tryout may be for any length of time, provided the individual does not miss class.

Medical-Examination Exception

A single scouting bureau recognized by a professional league is permitted to conduct one medical examination per student-athlete during the academic year without jeopardizing the student-athlete's eligibility in that sport, provided the examination does not occur off campus.

Outside Competition Prohibited

During a tryout, an individual may not take part in any outside competition (games or scrimmages) as a representative of a professional team.

Professional Team Representative at College Practice

A tryout with a professional team is not considered to have occurred when a representative of a professional team visits a member institution during the academic year and evaluates a student-athlete while the institution is conducting a regular practice session, physical education class or off-season conditioning program session that includes physical activities (e.g., speed trials, agility tests, strength tests), provided these activities are normally a part of and take place during regular practice, class or conditioning sessions.

Practice without Competition

An individual may participate in practice sessions conducted by a professional team, provided such participation meets the requirements of NCAA legislation governing tryouts with professional athletics teams and the individual does not:

- Receive any compensation for participation in the practice sessions;
- Enter into any contract or agreement with a professional team or sports organization; or
- Take part in any outside competition (games or scrimmages) as a representative of a professional team.

Draft and Inquiry

Inquiry

An individual may inquire of a professional sports organization about eligibility for professional-league player draft or request information about the individual's market value without affecting his/her amateur status.

Draft List

An individual loses amateur status in a particular sport when the individual asks to be placed on the draft list or supplemental draft list of a professional league in that sport, even though:

- a. The individual asks that his/her name be withdrawn from the draft list prior to the actual draft;
- b. The individual's name remains on the list but he/she is not drafted; or
- c. The individual is drafted but does not sign an agreement with any professional athletics team.

Exception - Professional Men's Basketball Draft

A student-athlete in the sport of basketball may enter a professional league's draft one time during his/her collegiate career without jeopardizing eligibility in that sport, (a) provided the student-athlete declares his/her intention to resume intercollegiate participation no later than the end of May 8 of the year in which the draft will occur, (b) the student-athlete's declaration of intent shall be in writing to the institution's director of athletics and (c) the student-athlete is not drafted.

Exception – Sports Other than Basketball and Football

An enrolled student-athlete in a sport other than basketball or football may enter a professional league's draft one time during his or her collegiate career without jeopardizing his or her eligibility in the applicable sport, provided the student-athlete is not drafted and within 72 hours following the draft he or she declares his or her intention to resume participation in intercollegiate athletics. The student-athlete's declaration of intent shall be in writing to the institution's director of athletics.

Negotiations

An individual may request information about professional market value without affecting his/her amateur status. Further, the individual, his/her legal guardians or the institution's professional sports counselling panel may enter into negotiations with a professional sports organization without the loss of the individual's amateur status. An individual who retains an agent shall lose amateur status.

Contracts and Compensation

General Rule

An individual shall be ineligible for participation in an intercollegiate sport if he/she has entered into any kind of agreement to compete in professional athletics, either orally or in writing, regardless of the legal enforceability of that agreement.

Non-binding Agreements

An individual who signs a contract or commitment that does not become binding until the professional organization's representative or agent also signs the document is ineligible, even if the contract remains unsigned by the other parties until after the student-athlete's eligibility is exhausted.

Use of Agents

General Rule

An individual shall be ineligible for participation in an intercollegiate sport if he/she ever has agreed (orally or in writing) to be represented by an agent for the purpose of marketing his/her athletics ability or reputation in that sport. Further, an agency contract not specifically limited in writing to a sport or particular sports shall be deemed applicable to all sports, and the individual shall be ineligible to participate in any sport.

Representation for Future Negotiations

An individual shall be ineligible per 12.3.1 if he/she enters into a verbal or written agreement with an agent for representation in future professional sports negotiations that are to take place after the individual has completed his or her eligibility in that sport.

Benefits from Prospective Agents

An individual shall be ineligible per 12.3.1.2 if he or she (or his/her relatives or friends) accepts transportation or other benefits from any person who wishes to represent the individual in the marketing of his/her athletics

ability. The receipt of such expenses constitutes compensation based on athletics skill and is an extra benefit not available to the student body in general.

Legal Counsel

Securing advice from a lawyer concerning a proposed professional sports contract shall not be considered contracting for representation by an agent under this rule, unless the lawyer also represents the student-athlete in negotiations for such a contract.

Presence of a Lawyer at Negotiations

A lawyer may not be present during discussions of a contract offer with a professional organization or have any direct contact (i.e., in person, by telephone or by mail) with a professional sports organization on behalf of the student-athlete. A lawyer's presence during such discussions is considered representation by an agent.

ALERT: Agents will do anything and give you anything to get into a favorable position so you will choose them to represent you. They commonly use "runners" to act on their behalf. A "runner" can be anyone - a roommate, former student-athlete, someone who gains your trust - but is on the agent's payroll. Remember - no one gives you money or "things" for free.

ATHLETIC SERVICES POLICIES AND PROCEDURES

The Athletic Services Department encompasses three separate sites of distribution, with the Field House being the home base of operation, and the Recreational and Athletic Complex (RAC) and Patriot Center Buildings servicing those sports, which are played in those facilities. Also connected with athletic services are laundry facilities at each building site.

Athletic Services is the area where the student-athlete receives uniforms, practice gear, and other sport related equipment. The student-athlete must have prior written approval from their coach to pick-up new or replacement issued items. The laundry facilities are adjacent to each service area. This is where the student-athlete drops off their uniforms and practice gear to be laundered. Only university issued items will be laundered, "NO" personal items (i.e. underwear, miscellaneous T-shirts, socks, etc...) The student-athlete picks up their clean clothing from the athletic services area the following business day.

Student-Athletes should note that laundry services are not provided over the weekends. Laundry turned in on Friday will be returned clean to the student-athlete on the following Monday (unless Monday is a university/state holiday).

All apparel, and equipment items regardless of size or value, must be checked out through the athletic services office. These equipment items must also be checked back in after the season or when the student-athlete has finished his/her time with the particular sport. The student-athlete is responsible for the care and maintenance of all equipment issued to them while in their possession. If items are not turned in or are damaged or lost, it will be the responsibility of the student-athlete to pay for the item(s).

At the completion of the sport's season, all student-athletes are given ten working days to return all issued items. If the student-athlete fails to return issued items, the student-athlete's records will be put on an "athletic hold" until the items are returned or payment is received for lost items.

Hours of Operation

Monday - Friday – 10:00 a.m. - 4:00 p.m.

I understand that I am responsible for any equipment issued to me. I will be expected to pay for any equipment, practice gear or uniform, lost or stolen, while issued to me. Within 10 business days after the end of my season or my release from the team by the Coaching Staff or Administration, I must return all equipment/practice uniform issued to me. Any athletic equipment not returned within this time frame will be assessed a non-refundable replacement charge. A HOLD will be placed on my university transcript, no registration for subsequent semesters or terms will be permitted, classes will be dropped, and no diploma will be issued until all equipment is returned or payment is made.

FACILITIES

George Mason University provides its intercollegiate teams with excellent facilities, and has played host to NCAA and Conference championships, and national and international events.

Patriot Center

The Patriot Center is the home for men's and women's Patriots basketball. The venue offers fans excellent sight lines and has 9,523 permanent theater-style seats, yet retains an intimate home court atmosphere. The facility has attracted basketball fans from the entire Washington metropolitan area since it opened on October 4, 1985. The Patriot Center contains the offices of Patriots basketball and Monumental Sports administrative offices.

Field House

Headquarters for the Athletic Department is the George Mason University Field House. The Field House was dedicated in 1981 as a recreational and competitive facility for Men and Women's indoor track & field events and a practice facility for intercollegiate teams and recreation sports participants. The intercollegiate weight room and sports medicine room are located in the Field House.

Hours of operation are available through the website at www.gomason.com Click on Facilities.

GMU Stadium

George Mason Stadium is an expertly landscaped outdoor facility and home to the men's and women's soccer teams, the men's and women's outdoor track and field teams and the women's lacrosse team. There is grandstand seating for 5,000 spectators, an all-weather track which underwent renovation in summer 2009, and an electronic scoreboard.

George Mason Stadium has hosted NCAA Championship soccer matches, as well as practices for the U.S. Men's National Soccer Team, the U.S. Women's National Soccer Team and visiting teams that participated in World Cup competition in 1994 and 1999.

Spuhler Field

The baseball field was dedicated in the name of George Mason University's first Athletic Director and baseball coach Raymond "Hap" Spuhler. The baseball team practices and plays their home games at Spuhler Field.

Spuhler Field boasts permanent grandstand seating for 900 spectators, an enclosed press box with a public address system, and an electronic scoreboard. The field itself also includes an underground sprinkler system, dugouts, enclosed bullpens for both teams, and a batting cage located outside the fence in the left field corner. The dimensions are 320 feet down each line, 375 feet to the power alleys, and 400 feet to center field.

Softball Field

Following a \$2.3-million renovation, the George Mason Softball Complex reopened in 2009 as one of the finest softball facilities in the region. The dimensions for the park are 210 feet down the lines and 225 feet to straightaway center.

The stadium features 200 permanent metal seats behind home plate, with grass seating for an additional 500 spectators. While walking on the wide concourse, spectators can take advantage of the men's and women's restroom facilities and water fountain. The park features a brand-new public address and sound system as well as a climate-controlled press box.

Recreation and Athletic Complex (RAC)

The 120,000 square foot Recreation Athletic Complex (RAC, formerly known as the PE Building) boasts three gymnasiums, two racquetball courts, two squash courts, and a two story fitness gallery that spans over 15,000 square feet. The facility is home to the Patriots volleyball and wrestling teams, along with intramural and club sports, ROTC, as well as classroom and offices for the School of Recreation, Health and Tourism.

Robinson Field is the practice facility for club sports and intramural activities. There are six tennis courts, which are used by men and women's tennis for both practices and home matches.

West PE Module

The West PE Module contains the offices of Academic Resources and the Sports Psychologist. This building is located in Patriot Village.

Aquatic and Fitness Center

George Mason University's Aquatic & Fitness Center (Fairfax campus) provides an evenly balanced program of recreation, instruction and competitive activities. The facility features an eight lane 50 meter Olympic sized pool with 2 one-meter boards and 2 three-meter boards, a six-lane recreation pool, a whirlpool and co-ed sauna. The competition pool is home to George Mason's men and women's Swimming & Diving team. The center proudly hosts the Colonial Athletic Association's swimming and diving championships in February.

Also included is a 3500-square foot fitness gallery includes a full circuit of Cybex strength training equipment and free weights.

Hours of Operation available through www.gomason.com Click on Aquatic Center for Facilities and Events.

OFFICE OF ATHLETIC COMMUNICATIONS

As a student-athlete at George Mason University, one of your responsibilities is to cooperate with the media. Mason athletics can benefit from good exposure in campus media as well as the local and sometimes national outlets. In the Washington, DC Metropolitan area, you will be exposed to one of the most competitive media markets in the nation.

The primary way for Mason fans to find out about you and for you to communicate to Patriot supporters is through interviews with the media. Interviews should be looked at as part of the educational experience offered at George Mason, helping you develop communication skills that can assist you not only in the classroom, but in future professional and business careers.

Media attention also means your conduct both on and off the field will be under intense scrutiny because of your position as a Mason student-athlete. The last thing you want is to receive publicity for an off-the-field incident. You must remember that your actions are viewed by the media as relevant news.

The Patriots Office of Athletic Communication (OAC) serves as the link between the student-athlete, coaches and administrators and the media and general public. We attempt to provide timely and accurate coverage of Mason athletics by coordinating interviews, serving the information needs of reporters and maintaining statistical information, photos and historical records. We are not part of the media and we do not and cannot write or speak for the media.

The Internet: **GoMason.com**, **caasports.com**, **ncaa.org**

Traditionally, stories of George Mason teams, athletes and coaches were told to the fans by newspapers, radio stations, television stations and magazines. In our advanced technological age, the Internet has become another form of communication. George Mason University has a web site that is updated daily with stories on Mason athletics and utilized as a marketing and promotional tool for our program.

This site is a resource for team results, schedules, statistics, rosters and bios for each student-athlete at Mason. Information about George Mason University, links to affiliate sites, live stats and some video streaming are also highlighted on the web site.

GMU Office of Athletic Communication/External Relations Contacts

Members of the Mason Office of Athletic Communication Staff serve a varied role, providing support to the athletic department, coaches and the university, as well as the NCAA, Colonial Athletic Association, the media, and the general public. It is our goal to help promote the positive and get the word out about each sport and its individuals

George Mason Athletic Communication
Field House
4400 University Drive, MS 3A5
Fairfax, VA 22030
703-993-3260 (office)
703-993-3259 (fax)

Maureen Nasser – mnasser@gmu.edu
Associate AD for Communications
Phone: 703-993-3232/571-296-1221 (cell)

Jeff O'Bier – jobier@gmu.edu
Director of Patriot Productions
Phone: 703-993-3246

Rachel Buck – rbuck3@gmu.edu
Assistant Director, Athletic Communications
Phone: 703-993-3264/414-801-5596(cell)

Dan Reisig – dreisig@gmu.edu
Director of New Media
Phone: 703-993-3268/757-784-0121(cell)

Elizabeth Ryan – eryl8@gmu.edu
Assistant Director, Athletic Communication
Phone: 703-993-3246/703-389-9219(cell)

To assist you with the media, the George Mason Office of Sports Communication staff has prepared policies and guidelines for you. We are also available for media training sessions to assist you in preparation for interviews, emphasizing your own message to the media and delivery of that message. Our goal is to give you confidence and control in the media.

OAC Policies and Guidelines for Interviews

The Mason Office of Sports Communication understands that a student-athlete is a student first, and team practices and competition schedule comes second. We will do our best to coordinate interviews and other media requests accordingly.

Please **ONLY** do interviews that have been arranged by a member of the OAC staff. This allows us to ensure that requests for our time are legitimate. Also, in an event of a negative occurrence, we can handle requests appropriately and offer advice on how you might deal with certain questions.

- All interviews should be arranged through the OAC office
- Media is off-limits to: locker rooms, weight rooms, and training rooms unless permission is given
- Do **NOT** give out your home phone number. You don't want a late-night phone call from a reporter catching you unprepared, especially during a time of crisis.
- A member of the OAC will be present during interviews if requested by student-athlete or coach
- Interviews must be requested one day in advance (except for post-game interviews).

Guidelines

- If an interview is scheduled, show up and be on time.
- Look at the person interviewing you.
- You are not obligated to answer any question if you do not feel comfortable. Do not say "No comment." Instead say, "I'm not at liberty to discuss that issue at this point." Or, "That's personal; I'd rather not discuss it."
- Think carefully about what you are going to say before you say it.
- There is no such thing as "off the record".
- Handle the interview as a team player and in the best interest of the team. Never second-guess your teammates or coaches. Deliver a positive message!
- Always project a good image by having a neat appearance, making the most of the opportunity to showcase yourself and the University.
- Be positive and avoid excuses. Always be positive and give credit when answering questions about coaches, George Mason, opponents, teammates and you.
- Contact the Director of Athletic Communications in the OAC if you feel you have been misquoted, called at home or hounded by the media in any way.

Think before you speak and consider these points...

- What point do **YOU** want to get across?
- Who is the audience (not the interviewer?)
- How can you turn a negative subject/question into a positive answer?
- Anticipate the tough questions before you sit down with reporters
- Practice the answers to tough questions before you begin the interview

STUDENT-ATHLETE TICKET POLICY

Free Admission to George Mason Athletic Events

All currently enrolled George Mason University students are admitted to George Mason University athletics home events at no cost. Admittance is gained by the presentation of a **VALID Mason** Student Identification card at the door. Exceptions apply to special events and postseason tournaments (NIT, NCAA and CAA) held at George Mason University where paid admission is required. Other exceptions may also apply.

Complimentary Ticket List

Student-athletes participating in sports that charge admission have an opportunity to place a maximum of two (2) individuals' names on a complimentary ticket list. The guidelines for complimentary admission granted to student-athletes are clearly defined by the National Collegiate Athletic Association. The policy is designed to give the student-athlete an opportunity to give two (2) individuals of their choosing free admission to the athletic event in which the student-athlete is participating. *All individuals on the complimentary pass list must show identification and provide a signature in order to receive admittance.* The person must enter the arena/building immediately upon receiving their ticket stub. Each student-athlete is responsible for the names on his or her list.

The complimentary ticket list for each home game is handled by the coaching staff and must be completed and submitted to the Compliance Office twenty-four (24) hours in advance of the scheduled game (or by Friday at 5:00 PM for weekend contests). Therefore, student-athletes are required to plan ahead. The Compliance Office will sign the list and turn in to the Athletic Ticket Office. Once the complimentary ticket list has been submitted to the Athletic Ticket Office no changes or additions are permitted.



2012-2013
Telephone Directory

ICA STAFF TELEPHONE DIRECTORY

ATHLETICS DIRECTOR		
Assistant Vice President/Athletic Director	Thomas O'Connor	703-993-3210
ASSOCIATE ATHLETIC DIRECTORS		
Deputy Associate AD/Intercollegiate Sports	Kevin McNamee	703-993-3209
Sr. Assoc. AD/Event Management	Jay Marsh	703-993-3191
Sr. Assoc. AD/External Relations	Adam Brick	703-993-9117
Sr. Assoc. AD/Operations/Facilities/Admin.	Ron Shakya	703-993-2809
Sr. Assoc. AD/Senior Woman Administrator	Susan A. Collins	703-993-3204
Assoc. AD/Academics Services/Sports Psychologist	Deborah Wilson, Ph.D.	703-993-3254
Assoc. AD/Community Affairs	Dr. D.R. Butler	703-993-3251
Assoc. AD/Communications	Maureen Nasser	703-993-3263
Assoc. AD/Compliance	Paul Bowden	703-993-3230
Assoc. AD/Marketing	Andy Ruge	703-993-3271
Assoc. AD/Student Services	Nena Rogers	703-993-3594
Executive Director – Development/Patriot Club	Max Baker	703-993-3217
ASSISTANT ATHLETIC DIRECTORS		
Assist AD/ Center for Sports Performance	Debi Corbatto	703-993-9536
Assist AD/Events	Stacy Natoli	703-993-3195
Assist AD/Facilities	Bruce Cooper	703-993-3225
ADMINISTRATOR FOR INTERNAL OPERATIONS		
Director of Business & Finance	Jeanne Medford	703-993-3211
Director of HR/Legal Services	Wendy Holt	703-993-3210
ATHLETIC SERVICES		
Coordinator of Sports Medicine	Linda Pullen	703-993-3280
Head Athletic Trainer	Ray Yamrus	703-993-3280
Athletic Trainer, Asst.	Sara Nickoles	703-993-3277
Athletic Trainer, Asst.	Joey Sierzega	703-993-3277
Athletic Trainer, Asst.	Shannon Soares	703-993-3277
Sports Dietician	Theresa Logan	703-993-5215
Head Strength & Conditioning Coordinator	Handy Handerahan	703-993-3237
Athletic Service Manager	Roger Wimmer	703-993-3226
Event Coordinator/Game Operations	Seth Kast	703-993-9387
Coordinator/Student-Athlete Affairs	Resa Lovelace	703-993-5218
FACULTY ATHLETIC REPRESENTATIVE		
Sr. Assoc. Dean of CVPA	Linda Miller	703-993-4551

ICA COACHES TELEPHONE DIRECTORY

HEAD COACHES		
Baseball	Billy Brown	703-993-3282
Basketball (Men)	Paul Hewitt	703-993-3240
Basketball (Women)	Jeri Porter	703-993-3275
Cheerleading	Ryan Smith	703-993-3292
Cross Country (Men & Women)	Andrew Gerard	703-993-3285
Golf	Scott King	703-993-3267
Lacrosse	Lauren Hay	703-993-3219
Masonettes	Michelle Chin	703-993-3292
Rowing (Women)	Geoff Dillard	703-993-3334
Soccer (Men)	Greg Andrulis	703-993-3288
Soccer (Women)	Diane Drake	703-993-3295
Softball	Joe Verbanic	703-993-3296
Swimming (Men & Women)	Peter Ward	703-993-3930
Tennis (Men)	Gary Quam	703-993-3201
Tennis (Women)	Stephen Curtis	703-993-3255
Indoor/Outdoor Track & Field (Men & Women)	Andrew Gerard	703-993-3285
Volleyball (Men)	Fred Chao	703-993-3227
Volleyball (Women)	Pat Kendrick	703-993-3298
Wrestling	Joe Russell	703-993-3299

COACHES' SUPPORT

When trying to contact a particular coach it may be helpful to know who their support staff members are. Often you will find that it is easier to reach the coach through their support staff. Below is the name and numbers of each coach's support staff member:

Carolyn Marsh

Men's Basketball
703-993-3240 (office)/703-993-3025 (fax)

Cynthia Thackwray

Women's Basketball
703-993-3293 (office)/703-993-3025 (fax)

Robin Truba
703-993-8955 (office)
703-993-3591(fax)

Baseball
Golf
Men's Soccer
Women's Soccer
M & W Swimming
Men's Tennis
Women's Tennis
Wrestling
Lacrosse
Rowing
Softball
Men's Track & Cross Country
Women's Track & Cross Country
Men's Volleyball
Women's Volleyball

DIRECTORY OF UNIVERSITY OFFICES

GENERAL INFORMATION, University		703-993-1000
Academic Support, Athletics	West PE Module	Contact Coordinator
Admissions	Johnson Center (213)	703-993-2400
Alcohol, Drug and Health Education	Student Union I (3200)	703-993-3687
Bookstore, Fairfax	Johnson Center (1 st Floor)	703-993-2666
Career Services, University	Student Union I (3400)	703-993-2370
Counseling & Psychological Services	Student Union I (3129)	703-993-2380
Dean of Students Office	Student Union I (4211)	703-993-2884
Financial Aid, Office of Student	Student Union I (1 st Floor)	703-993-2353
Front Desk, Athletics	Field House	703-993-3222
Housing & Residence Life	Potomac Heights	703-993-2720
ID Cards	The Hub (Lower Level)	703-993-1004
LGBTQ Resources	Student Union I (2200)	703-993-2702
Meal Plan & Dining Services	The Hub (Lower Level)	703-993-3314
Office of Diversity, Inclusion & Multicultural	Student Union I (2400)	703-993-2700
Office of Student Conduct	Student Union (4100)	703-993-6209
Parking Services	Sandy Creek Shuttle Building	703-993-2710
Registrar	Student Union I (2101)	703-993-2441
Sexual Assault Services	Student Union I (3200)	703-993-9999
Student Accounts/Cashiers Office	Student Union I (1600)	703-993-2460
Student Health Services	Student Union I (2300)	703-993-2831
Student Involvement	The Hub	703-993-2909
Ticket Office, Athletics	Field House	703-993-3270
Women & Gender Studies	Johnson Center (240K)	703-993-2896
Writing Center	A114 Robinson	703-993-1200
Virginia Domicile Requirements	Student Union I (2108)	703-993-2464

GENERAL CAMPUS INFORMATION

Parking Services

The privilege of operating and parking a motor vehicle at George Mason is extended to all students. All vehicles must be registered and have a valid Vehicular Registration Decal. The decal can be purchased at the Parking Services office at the Sandy Creek Shuttle Building.

Laundry Rooms

Each dormitory or apartment complex on campus has a laundry room. Hours should be posted, but they may be requested from the Office of Housing & Residence Life, which is located in Potomac Heights.

LOCAL HOSPITALS	
Mason Student Health Service	703-993-2830
Access of Fairfax (Emergency only)	703-591-9333
INOVA Fairfax Hospital	703-698-1110
INOVA Fair Oaks Hospital	703-391-3600
SECURITY	
Campus Police Service/Non-Emergency	703-993-2810
Campus Police Emergency	911
Police Cadet Program/Escort Service	703-993-4357
Fairfax Police/Fire & Police EMERGENCY	911
Fairfax Police/Fire & Police NON-EMERGENCY	703-691-2131

In Case of Emergency DIAL 911



Sportsmanship Pledge

I am a Mason Student-Athlete.

I respect myself.

Through respecting myself,

I respect my opponent.

Through respecting my opponent,

I respect the game.

Through respecting the game,

I respect the officials.

Through respecting the officials,

I respect the outcome.

My example, in victory or defeat,

nurtures respect in others.

Will you follow my lead?

George Mason University
Student-Athlete Advisory Council



Summary of NCAA Regulations – NCAA Division I

For: Student-athletes.

Purpose: To summarize NCAA regulations regarding eligibility of student-athletes to compete.

DISCLAIMER: THE SUMMARY OF NCAA REGULATIONS DOES NOT INCLUDE ALL NCAA DIVISION I BYLAWS. FOR A COMPLETE LIST, GO TO WWW.NCAA.ORG. YOU ARE RESPONSIBLE FOR KNOWING AND UNDERSTANDING THE APPLICATION OF ALL BYLAWS RELATED TO YOUR ELIGIBILITY TO COMPETE. CONTACT YOUR INSTITUTION'S COMPLIANCE OFFICE OR THE NCAA IF YOU HAVE QUESTIONS.

TO: STUDENT-ATHLETE.

This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics.

This summary has two parts:

1. Part I is for **all** student-athletes.
2. Part II is for **new** student-athletes only (those signing the Student-Athlete Statement for the first time).

If you have questions, ask your director of athletics (or his or her official designee) or refer to the 2012-13 NCAA Division I Manual. The references in brackets after each summarized regulation show you where to find the regulation in the Division I Manual.

PART I: FOR ALL STUDENT-ATHLETES.

This part of the summary discusses ethical conduct, amateurism, financial aid, academic standards and other regulations concerning your eligibility for intercollegiate competition.

1. Ethical Conduct – All Sports.

- a. You must act with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports. [NCAA Bylaw 10.01.1]
- b. You have engaged in unethical conduct if you refuse to furnish information relevant to an investigation of a possible violation of an NCAA regulation when requested to do so by the NCAA or your institution. [Bylaw 10.1-(a)]

- c. You are **not eligible** to compete if you knowingly provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value. [Bylaw 10.3]
- d. You are **not eligible** to compete if you knowingly participate in any gambling activity that involves intercollegiate or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]
- e. You are **not eligible** to compete if you have shown dishonesty in evading or violating NCAA regulations. [Bylaw 14.01.3]

2. Amateurism – All Sports.

- a. You are **not eligible** for participation in a sport if you have ever:
 - (1) Taken pay, or the promise of pay, for competing in that sport. [Bylaw 12.1.2]
 - (2) Agreed (orally or in writing) to compete in professional athletics in that sport.

Exception: Prior to collegiate enrollment, in sports other than men's ice hockey and skiing, you agreed to compete on a professional team provided the agreement did not provide for more than actual and necessary expenses and you did not receive more than actual and necessary expenses. [Bylaws 12.1.2 and 12.2.5.1]
 - (3) Played on any professional athletics team as defined by the NCAA in that sport.

Exception: Prior to enrollment, in sports other than men's ice hockey and skiing, you competed on a professional team provided you did not receive more than actual and necessary expenses. [Bylaws 12.1.2 and 12.2.3.2.1]
 - (4) Used your athletics skill for pay in any form in that sport. [Bylaws 12.1.2 and 12.1.2.4]

Exceptions:

- (a) Prior to collegiate enrollment, you accepted prize money based on place finish or performance in an open athletics event from the sponsor of the event and the amount of prize money did not exceed your actual and necessary expenses to participate in the event; or [Bylaws 12.1.2 and 12.1.2.4.1]
- (b) After collegiate enrollment, you accepted prize money based on place finish or performance outside your sport's playing and practice season and during the summer vacation period in an open athletics event from the

sponsor of the event and the amount of prize money did not exceed your actual and necessary expenses to participate in the event. [Bylaws 12.1.2 and 12.1.2.4.2]

- b. You are **not eligible** in a sport if you ever have accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3.1]
- c. You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a commercial product or service. [Bylaws 12.5.2.1 and 12.5.2.2]
- d. You are **not eligible** in any sport if, because of your athletics ability, you were paid for work you did not perform, were paid at a rate higher than the going rate or were paid for the value an employer placed on your reputation, fame or personal following. [Bylaw 12.4]

3. Financial Aid – All Sports.

- a. You are **not eligible** if you receive financial aid other than the financial aid that your institution distributes. However, it is permissible to receive:
 - (1) Money from anyone on whom you are naturally or legally dependent;
 - (2) Financial aid that has been awarded to you on a basis other than athletics ability; or
 - (3) Financial aid from an entity outside your institution that meets the requirements specified in the Division I Manual. [Bylaw 15.01]
- b. You must report to your institution any financial aid that you receive from a source other than your institution. However, you do not need to report financial aid received from anyone on whom you are naturally or legally dependent.

4. Employment Earnings – All Sports.

- Earnings from a student-athlete's on- or off-campus employment that occurs at any time is exempt and is not counted in determining a student-athlete's full grant-in-aid or in the institution's financial aid limitations, provided:
 - (1) The student-athlete's compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability;
 - (2) The student-athlete is compensated only for work actually performed; and

- (3) The student-athlete is compensated at a rate commensurate with the going rate in that locality for similar services. [Bylaws 12.4 and 15.2.7]

5. Academic Standards – All Sports.

a. Eligibility for Competition.

- (1) To be **eligible to compete**, you must:
 - (a) Have been admitted as a regularly enrolled, degree-seeking student according to the published entrance requirements of your institution;
 - (b) Be in good academic standing according to the standards of your institution; and
 - (c) Be enrolled in at least a minimum full-time baccalaureate degree program (not less than 12-semester or quarter hours) and maintain satisfactory progress toward that degree, be enrolled in a full-time graduate or professional degree program (not less than eight-semester or quarter hours) or be enrolled and seeking a second baccalaureate degree at your institution. [Bylaws 14.01.2, 14.1.7.1, 14.1.8.2 and 14.1.8.2.1.4]
- (2) If you are enrolled in less than a full-time program, you are **eligible to compete** only if you are enrolled in the last term of your degree program and are carrying credits necessary to finish your degree. [Bylaw 14.1.8.2.1.3]
- (3) You are **eligible to compete** during the official vacation period immediately preceding initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you are no longer enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.8.2.1.1]
- (4) You are **eligible to compete** between terms if you are continuing enrollment, provided you have been registered for the required minimum full-time load at the conclusion of the term immediately preceding the date of competition, or if you are either continuing enrollment or beginning enrollment, provided you have been accepted for enrollment as a regular full-time student for the regular term immediately following the date of competition. [Bylaw 14.1.8.2.1.2]

b. Eligibility for Practice.

- (1) You are **eligible to practice** if you are enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of the certifying institution. [Bylaw 14.1.8.1]

- (2) You are **eligible** to **practice** during the official vacation period immediately preceding initial enrollment, provided you have been accepted by your institution for enrollment in a regular, full-time program of studies at the time of your initial participation, you no longer are enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.8.1.1]
 - (3) You also are **eligible** to **practice** if you are enrolled in the final semester or quarter of a baccalaureate program while enrolled in less than a minimum full-time program of studies and your institution certifies that you are carrying (for credit) the courses necessary to complete the degree requirements, as determined by the faculty of the institution. [Bylaw 14.1.8.1.3]
- c. Continuing Eligibility – All Sports (for those student-athletes first entering a collegiate institution as a full-time student on or after August 1, 2003).
 - If you are entering an institution for the first time on or after August 1, 2003, your eligibility for competition shall be based on:
 - (a) Having successfully completed 24-semester or 36-quarter hours of academic credit prior to the start of the institution's third semester or fourth quarter following the student-athlete's initial full-time enrollment;
 - (b) Having successfully completed 18-semester or 27-quarter hours of academic credit since the beginning of the previous fall term or since the beginning of the certifying institution's preceding regular two semesters or three quarters (hours earned during the summer may not be used to fulfill this requirement); and
 - (c) Six-semester or quarter hours of academic credit the preceding regular academic term (e.g., fall semester, winter quarter) in which the student-athlete has been enrolled at any collegiate institution. [Bylaw 14.4.3]
 - (d) You must choose a major that leads to a specific baccalaureate degree by the beginning of your third year of enrollment. (This includes transfer students who have not yet completed an academic year in residence or used one season of eligibility in a sport at their current institution.) [Bylaw 14.4.3.1.6]
 - (e) If you are entering your second year of collegiate enrollment, you must present a cumulative grade-point average that equals at least 90 percent of the institution's overall cumulative grade-point average required for graduation (based on a 4.000 scale). [Bylaw 14.4.3.3]
 - (f) If you are entering your third year of collegiate enrollment, you must have completed successfully at least 40 percent of the course requirements in your specific degree program and you must present a cumulative

minimum grade-point average (based on a 4.000 scale) that equals at least 95 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.3.2 and 14.4.3.3]

- (g) If you are entering your fourth year of collegiate enrollment, you must have completed successfully at least 60 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average (based on a 4.000 scale) that equals at least 100 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.2 and 14.4.3.3]
- (h) If you are entering your fifth year of collegiate enrollment, you must have completed successfully at least 80 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average (based on a 4.000 scale) that equals at least 100 percent of the institution's overall cumulative grade-point average required for graduation. For this purpose, a student-athlete's grade-point average will be certified on a term-by-term basis. [Bylaws 14.4.3.2 and 14.4.3.3]

d. Freshmen.

- (1) You are referred to as a qualifier and are eligible to practice and compete in your sport and to receive financial aid (institutional and athletically related) during your first academic year, under Bylaw 14.02.11.1, if you:
 - (a) Graduate from high school;
 - (b) Attain a minimum high school grade-point average as specified in Bylaw 14.3.1.1.2 (based on a 4.000 scale) in a successfully completed core curriculum of at least 16 core courses; and Bylaw 14.3.1.1.
 - (c) Achieve a corresponding sum ACT or SAT score as specified in Bylaw 14.3.1.1.2.
- (2) You are referred to as a nonqualifier if you fail to meet the criteria above. In addition to being ineligible for practice and competition during the first academic year in residence, a nonqualifier is not permitted to receive any institutional financial aid, except as stated below. [Bylaws 14.02.11.2 and 14.3.2.1.1]

e. As a Nonqualifier.

- (1) You are eligible to receive nonathletics institutional financial aid based on need only, consistent with institutional and conference regulations; and

- (2) You will have three seasons of eligibility after your first academic year in residence. You may earn a fourth season of competition provided you complete 80 percent of your baccalaureate degree before beginning your fifth academic year of enrollment and you are within five years of your initial, full-time collegiate enrollment. [Bylaw 14.3.3]

6. Other Regulations Concerning Eligibility – All Sports.

- a. You are **not eligible** to participate in more than four seasons of intercollegiate competition in any one sport. [Bylaw 14.2]
- b. You are **not eligible** if five calendar years have passed from the date you first registered as a full-time student at a collegiate institution and attended your first day of classes for that term, except for time spent in the armed services, on official church missions or with recognized international aid services of the U.S. government and extensions that have been approved in accordance with NCAA legislation. [Bylaw 14.2.1]
- c. You are **eligible** at an institution other than the institution from which you have received or satisfied the requirements for a baccalaureate degree or an equivalent degree, if you meet the conditions of the one-time transfer exception [Bylaw 14.5.5.2.10] and you have eligibility remaining as set forth in Bylaw 14.2.1. [Bylaw 14.1.9]
- d. You are **eligible** for championships, certified bowl games or the National Invitation Tournament that occur within 60 days of the date you complete the requirements for your degree. [Bylaw 14.1.9.3]

7. All Sports Other Than Basketball.

- You are **not eligible** in your sport for the remainder of the year and the next academic year if, during the academic year, you competed as a member of any outside team in any noncollegiate, amateur competition. You may compete outside of your declared playing and practice season as a member of an outside team in any noncollegiate, amateur competition during any official vacation period published in your institution's catalog. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.1, 14.7.1.1 and 14.7.3]
 - **Exception:** In men's and women's soccer, women's volleyball, field hockey and men's water polo, you may compete on outside amateur teams during the spring outside of the institution's playing and practice seasons, provided such participation occurs no earlier than May 1 and the remaining provisions of Bylaw 14.7.1.3 are met.

8. All-Star Football and Basketball Only.

- You are **not eligible** if, after you completed your high school eligibility in your sport and before your high school graduation, you participated in more than two high school all-star football or basketball games. [Bylaw 14.6]

9. Basketball Only.

- a. You are **not eligible** if, after you become a student-athlete, you participate in any organized basketball competition except while representing the institution in intercollegiate competition. Competing in the Olympic Games tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.2 and 14.7.3]
- b. It is permissible to participate as a member of a basketball team in an NCAA-sanctioned summer basketball league or event. [Bylaw 14.7.4]

10. Transfer Students Only.

- a. You are a transfer student if:
 - (1) The registrar or admissions officer from your former institution certified that you officially were registered and enrolled at that institution in any term in a minimum full-time program of studies and you were present on the opening day of classes; or
 - (2) The director of athletics from your former institution certified that you reported for the regular squad practice that any staff member of the athletics department of your former institution announced before the beginning of any term. [Bylaw 14.5.2]
- b. If you are a transfer student from a four-year institution, you are **not eligible** during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.2 or one of the waivers specified in Bylaw 14.8.2.
- c. If you are a transfer student from a two-year institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4 or the exceptions specified in Bylaw 14.5.4.6.
- d. If you transferred from a four-year college to a two-year college and then to your new institution, you are **not eligible** during your first academic year in residence at your new institution unless you meet the requirements specified in Bylaw 14.5.6.

11. Drugs – All Sports.

- a. If the NCAA tests you for the banned drugs listed in Bylaw 31.2.3 and you test positive (consistent with NCAA drug-testing protocol), you will be **ineligible** to participate in regular-season and postseason competition for one calendar year (i.e., 365 days) after your positive drug test, and you will be charged with the loss of a minimum of one season of competition in all sports.
- b. If you test positive a second time for the use of any drug, other than a "street drug" as defined in Bylaw 31.2.3, you will lose all remaining regular-season and postseason eligibility in all sports.
- c. If you test positive for the use of a "street drug" after being restored to eligibility, you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason competition at least through the next calendar year. [Bylaw 18.4.1.5]
- d. A policy adopted by the NCAA Executive Committee establishes that the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug. You will remain ineligible until you retest negative and your eligibility has been restored by the NCAA Division I Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5]

12. Non-NCAA Athletics Organization Positive Drug Test – All Sports.

- a. If you test positive for banned substances by a non-NCAA athletics organization, you must notify your director of athletics regarding the positive drug test. You also must permit the NCAA to test you for the banned drugs listed in Bylaw 31.2.3.
- b. If the result of the NCAA drug test is positive, you will lose all remaining eligibility during the season in which you tested positive and an additional season of competition.
- c. The director of athletics must notify the vice president of NCAA educational affairs in writing regarding a student-athlete's disclosure of a previous positive drug test administered by any other athletics organization.
- d. If the student-athlete immediately transfers to a non-NCAA institution while ineligible and competes in collegiate competition within the 365-day period at a non-NCAA institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365-day period. Additionally, the student-athlete must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the Committee on Student-Athlete Reinstatement.

- e. The list is subject to change and the institution and student-athlete shall be held accountable for all banned drug classes on the current list. The list is located on the NCAA website (www.ncaa.org) or may be obtained from the NCAA health and safety staff in educational affairs.

PART II: FOR NEW STUDENT-ATHLETES ONLY.

This part of the summary contains information about your recruitment, which is governed by Bylaw 13 of the Division I Manual.

- **Recruitment.**

- a. Offers – All Sports.

- (1) You are **not eligible** if, before you enrolled at your institution, any staff member of your institution or any other representative of your institution's athletics interests provided or offered to you, your relatives or your friends any financial aid or other benefits that NCAA legislation does not permit.
- (2) It is permissible for your summer employment to be arranged by the institution or for you to accept educational loans from a regular lending agency, provided you did not receive the job or loan before the end of your senior year in high school. [Bylaws 13.2.1 and 13.2.3]

- b. Contacts – All Sports.

- (1) For purposes of this section, contact means "any face-to-face encounter" between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational institution or at the site of organized competition or practice involving the prospect or the prospect's high school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of the conversation that occurs. [Bylaw 13.02.4]
- (2) You are **not eligible** if any staff member of your institution:
 - (a) Contacted you, your relatives or your legal guardians in person, off your institution's campus before July 1, July 7 (women's ice hockey) or July 15 (women's gymnastics) following completion of your junior year in high school (except for students at military academies) as described in Bylaw 13.1.1.1;
 - (b) Contacted you in person, off your institution's campus more than the number of times specified in Bylaw 13.1.6; or

- (c) Contacted you in person, off your institution's campus outside the time periods specified in Bylaw 13.1.4.1 for the sports of football and basketball.
 - (3) You are **not eligible** if, before you enrolled at your institution, a coach from your institution contacted you in person, on or off your institution's campus while you were practicing or competing in football or basketball outside the permissible contact periods. [Bylaw 13.1.6.2.4]
 - (4) You are **not eligible** if you were not a qualifier and any staff member of your institution contacted you, your relatives or your legal guardians in person, on or off your institution's campus while you were enrolled in your first year of a two-year college. [Bylaw 13.1.1.2]
 - (5) You are **not eligible** if anyone from your institution, other than an authorized staff member, contacted you, your relatives or your legal guardian in person, on or off your institution's campus to recruit you. You also are not eligible if you received recruiting letters or telephone calls from any representative of your institution's athletics interests. [Bylaw 13.1.2.1]
- c. Publicity – All Sports.
 - (1) You are **not eligible** if, before you enrolled at your institution, your institution publicized any visit that you made to its campus. [Bylaw 13.10.5]
 - (2) You are **not eligible** if, before you enrolled at your institution, you appeared on a radio or television program that involved a coach or another member of the staff of the athletics department at your institution. [Bylaw 13.10.3]
- d. Letter-of-Intent Signing.
 - You are **not eligible** if a staff member of your institution was present while you were signing, at an off-campus site, a National Letter of Intent or an acceptance of a financial aid offer from your institution or your conference. [Bylaw 13.1.5.7]
- e. Source of Funds – All Sports.
 - You are **not eligible** if any organization or group of people outside your institution spent money recruiting you to attend your institution, including entertaining, giving gifts or services and providing transportation to you or your relatives or friends. [Bylaw 13.15.1]
- f. Sports Camps.
 - You are **not eligible** if you were a winner of any athletics participation award in high school (includes ninth grade level), preparatory school or junior college

and before you enrolled at your institution, the institution, members of its staff or a representative of its athletics interests employed or gave you free or reduced admission to its sports camp or clinic. [Bylaw 13.12.1.7]

g. Visits, Transportation and Entertainment – All Sports.

- (1) You are **not eligible** under Bylaws 13.5, 13.6 or 13.7 if, before you enrolled at your institution, any of the following happened to you:
 - (a) You accepted expense-paid visits to more than five NCAA institutions or more than one expense-paid visit to one member institution;
 - (b) Your one expense-paid visit to the campus lasted longer than 48 hours;
 - (c) Your institution paid more than the actual round-trip cost by direct route between your home and the campus when you made your one expense-paid visit;
 - (d) Your institution paid for you to visit during your first year in a junior college, and you were not a qualifier;
 - (e) Your institution entertained you, your parents (or legal guardians) or your spouse outside a 30-mile radius of the campus during your expense-paid visit; or
 - (f) Your institution entertained you, your parents (or legal guardians) or your spouse excessively during your expense-paid visit, or entertained your friends or other relatives at any site.
- (2) You are **not eligible** if your institution paid for you to visit its campus before the first day of classes of your senior year in high school. [Bylaw 13.6.2.2.1]
- (3) You are **not eligible** if your institution paid for you to visit its campus before you presented the institution with a score from a PSAT, SAT, PLAN. An international prospect who requires a special administration of the PSAT, SAT, PLAN (or PACT Plus) or ACT, may present such a score on the approval of the NCAA Division I Academic Cabinet or the NCAA Division I Initial-Eligibility Waivers Committee. [Bylaw 13.6.3]
- (4) You are **not eligible** if your institution paid for you to visit its campus before you presented the institution with a high school (or college) academic transcript.
- (5) You are **not eligible** if, at any time that you were visiting your institution's campus at your own expense, your institution paid for anything more than the following:

- (a) Three complimentary admissions for you and those individuals who came with you to an athletics event on campus in which your institution's team practiced or competed. [Bylaw 13.7.2.1]
 - (b) Transportation, when accompanied by a staff member, to see off-campus practice and competition sites in the prospect's sport and other institutional facilities located within a 30-mile radius of the campus. [Bylaw 13.5.3]
 - (6) You are **not eligible** if, when you were being recruited, staff members of your institution or any representatives of its athletics interests paid the transportation costs for your relatives or friends to visit the campus or elsewhere. However, your friends, relatives or legal guardians may receive cost-free transportation to visit a member institution's campus only by accompanying you at the time you travel in an automobile to visit the campus. [Bylaw 13.5.2.2.1]
 - (7) You are **not eligible** if, when you were being recruited, your institution gave you complimentary admissions to more than one regular-season home game scheduled outside your institution's community, or gave you more than three complimentary admissions to that one regular-season home game scheduled outside your institution's community. [Bylaw 13.6.7]
 - (8) You are **not eligible** if, when you were being recruited, a staff member of your institution's athletics department spent money other than what was necessary for the staff member's (or representative's) personal expenses during an off-campus visit with you. [Bylaw 13.14.2]
- h. Precollege or Postgraduate Expense – All Sports.
- You are **not eligible** if your institution or any representative of its athletics interests offered you money, directly or indirectly, to pay for any part of your educational expenses or other expenses during any period of time before you enrolled at your institution. This applies to your postgraduate education as well. [Bylaw 13.15.1]



Drug-Testing Consent – NCAA Division I

For: Student-athletes.
Action: Sign and return to your director of athletics.
Due date: At the time your intercollegiate squad first reports for practice or the Monday of the institution's fourth week of classes, whichever date occurs first.
Required by: NCAA Constitution 3.2.4.7 and NCAA Bylaw 14.1.4.
Purpose: To assist in certifying eligibility.
Effective date: This consent form shall be in effect from the date this document is signed and shall remain in effect until a subsequent Drug-Testing Consent Form is executed.

Requirement to Sign Drug-Testing Consent Form.

Name of your institution: _____

You must sign this form to participate (i.e., practice or compete) in intercollegiate athletics per NCAA Constitution 3.2.4.7 and NCAA Bylaw 14.1.4. If you have any questions, you should discuss them with your director of athletics.

Consent to Testing.

You agree to allow the NCAA to test you in relation to any participation by you in any NCAA championship or in any postseason football game certified by the NCAA for the banned drugs listed in Bylaw 31.2.3 (attached). Additionally, if you participate in a NCAA Division I sport, you also agree to be tested on a year-round basis.

Consequences for a Positive Drug Test.

By signing this form, you affirm that you are aware of the NCAA drug-testing program, which provides:

1. A student-athlete who tests positive shall be withheld from competition in all sports for a minimum of 365 days from the drug-test collection date and shall lose a year of eligibility;
2. A student-athlete who tests positive has an opportunity to appeal the positive drug test;
3. A student-athlete who tests positive a second time for the use of any drug other than a "street drug" shall lose all remaining regular-season and postseason eligibility in all sports. A combination of two positive tests involving street drugs (marijuana, THC or heroin), in whatever order, will result in the loss of an additional year of eligibility;
4. The penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug; and
5. If a student-athlete immediately transfers to a non-NCAA institution while ineligible because of a positive NCAA drug test, and competes in collegiate competition within the 365-day period at a non-NCAA institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365-day period.

Signatures.

By signing below, I consent:

1. To be tested by the NCAA in accordance with NCAA drug-testing policy, which provides among other things that:
 - a. I will be notified of selection to be tested;
 - b. I must appear for NCAA testing or be sanctioned for a positive drug test; and
 - c. My urine sample collection will be observed by a person of my same gender.
2. To accept the consequences of a positive drug test;
3. To allow my drug-test sample to be used by the NCAA drug-testing laboratories for research purposes to improve drug-testing detection; and
4. To allow disclosure of my drug-testing results only for purposes related to eligibility for participation in NCAA competition.

I understand that if I sign this statement falsely or erroneously, I violate NCAA legislation on ethical conduct and will jeopardize my eligibility.

Date

Signature of student-athlete

Date

Signature of parent (if student-athlete is a minor)

Name (please print)

Date of birth

Age

Home address (street, city, state and zip code)

Sport(s)

What to do with this form: Sign and return it to your director of athletics at the time your intercollegiate squad first reports for practice or the Monday of the institution's fourth week of classes (whichever date occurs first). This form is to be kept on file at the institution for **six years**.

2012-13 NCAA Banned Drugs**1. The NCAA Bans The Following Classes of Drugs.**

- a. Stimulants;
- b. Anabolic Agents;
- c. Alcohol and Beta Blockers (banned for rifle only);
- d. Diuretics and Other Masking Agents;
- e. Street Drugs;
- f. Peptide Hormones and Analogues;
- g. Anti-estrogens; and
- h. Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

2. Drugs and Procedures Subject to Restrictions.

- a. Blood Doping;
- b. Local Anesthetics (under some conditions);
- c. Manipulation of Urine Samples;
- d. Beta-2 Agonists permitted only by prescription and inhalation;
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

3. NCAA Nutritional/Dietary Supplements Warning.

- **Before consuming any nutritional/dietary supplement product, review the product with your athletics department staff!**
 - (1) Dietary supplements are not well regulated and may cause a positive drug-test result.
 - (2) Student-athletes have tested positive and lost their eligibility using dietary supplements.
 - (3) Many dietary supplements are contaminated with banned drugs not listed on the label.
 - (4) Any product containing a dietary supplement ingredient is taken at your own risk.

**It is your responsibility to check with the appropriate athletics staff
before using any substance.**

Some Examples of NCAA Banned Substances in Each Drug Class

NOTE: There is no complete list of banned substances. Do NOT rely on this list to rule out any supplement ingredient.

Check with your athletics department staff before using any medication or supplement.

1. Stimulants.

e.g., amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, etc.

Exceptions: phenylephrine and pseudoephedrine are not banned.

2. Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione).

e.g., boldenone; clenbuterol; DHEA (7-Keto); nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

3. Alcohol and Beta Blockers (banned for rifle only).

e.g., alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

4. Diuretics and Other Masking Agents (water pills).

e.g., bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

5. Street Drugs.

e.g., heroin; marijuana; tetrahydrocannabinol (THC); and synthetic cannabinoids (e.g., Spice, K2, JWH-018, JWH-073).

6. Peptide Hormones and Analogues.

e.g., growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

7. Anti-Estrogens.

e.g., anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene (ATD); etc.

8. Beta-2 Agonists:

e.g., bambuterol; formoterol; salbutamol; salmeterol; etc.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned (unless otherwise noted)!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877/202-0769 or www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

**It is your responsibility to check with the appropriate athletics staff
before using any substance.**

Student-Athlete Authorization/Consent for
Disclosure of Protected Health Information
for NCAA-Related Research Purposes

I, _____ hereby authorize _____
Name of Student-Athlete Name of my Institution

and its physicians, athletic trainers and health care personnel to disclose my protected health information including, without limitation, any information regarding any injury, illness, treatment or participation related to or affecting my training for and participation in intercollegiate athletics to the National Collegiate Athletic Association (NCAA), and its designated employees, agents and/or contractors. I further authorize the NCAA to disclose, and/or use, such information as provided herein.

I understand that my participation and protected health information may be disclosed to, and/or used by, the NCAA, and authorized third parties to receive such information for the purpose of using injury, relevant illness and participation information collected from multiple student-athletes and institutions in a manner that does not identify myself or my school. The information is provided to NCAA committees, athletics conferences and individual schools, and NCAA-approved researchers to evaluate the effectiveness of health and safety rules and policy, and to study other sports medicine questions. Selected de-identified summary (aggregate) data also are made accessible to the general public as a service to further the general understanding of athletic injury patterns and help develop education on student-athlete health topics.

I am making this authorization/consent voluntarily to release my health information otherwise protected by federal regulations under either the Health Information Portability and Accountability Act (HIPAA) or the Family Educational Rights and Privacy Act of 1974 (the Buckley Amendment). The NCAA and institution are not requiring this authorization/consent to be signed.

I understand that while HIPAA regulations may not apply to NCAA use or disclosure of my injury/illness information, the NCAA is committed to protecting my privacy. I understand that my data will be stored securely within industry standards.

This authorization/consent for transfer of protected health information expires 545 days from the date of my signature below, but I have the right to revoke it in writing at any time by sending written notification to the director of athletics at my institution. I understand that a revocation takes effect on its request date and does not affect any action taken prior to that date.

Printed Name of Student-Athlete

Signature

Date